

# SYMPLUR

## #OTalk Transcript

Healthcare social media transcript of the [#OTalk](#) hashtag.

Tue, December 15th 2020, 2:40PM – Thu, December 17th 2020, 2:40PM  
(Europe/London).

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**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#)

a month ago

Tonight. 8pm.



**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#)

a month ago

All [@The\\_HCPC](#) registered professionals check your emails. HCPC have sent out a diversity survey to complete - information here on why they are doing it. We do need more complete data to assess progress again so please complete <https://t.co/OfbmZ184fS> [#OTalk](#)



**Ed Sum Occupational Therapist** 🏳️‍🌈❤️🇬🇧 [@musedNeuroOT](#)

a month ago

An important one to join. Hopefully you will feel more confident to contribute than to just lurk - if we don't hear from our quiet members of our profession how do we hope to improve representation?



**Clarissa #BlackLivesMatter @GeekyOT** a month ago  
 **SYMPPLUR**  
 In the lead @Occ4LifeLtd's #WeAreOT book, I was shocked to learn that @TheHCPC didn't hold diversity data Really glad to see this survey addressing the gap, with Qs based on guidance by eg @stonewalluk @maappleUK @HRC 🌟 #OTalk

💬 ↻ ❤️

**Michaela Young @MichaelaYoungOT** a month ago  
 Tonight at 8pm, be there or be square 🤖

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life ❤️ @Occ4LifeLtd** a month ago  
 Yes I appreciated them advising where the Qs came from and have completed my survey.

💬 ↻ ❤️

**#OTalk @OTalk** a month ago  
 Just over 15 minute notice to get ready for #OTalk. Just the right length of time to get a brew and read the blog below. See you shortly 😊

💬 ↻ ❤️

**Kirsty 'Books Make the Best Gifts' Stanley 📖📝 @kirstyes** a month ago  
 RT @OTalk\_: Just over 15 minute notice to get ready for #OTalk. Just the right length of time to get a brew and read the blog below. See yo...

💬 ↻ ❤️

**#OTalk @OTalk** a month ago  
 Welcome to tonight's #OTalk, the last one for 2020! It's @Ruth\_Hawley on support with tonight's host @Occ4LifeLtd. Maybe you're not feeling quite as energetic as this but before we get started give us a wave and let us know you're here. <https://t.co/s3P9qGgRsV>

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life ❤️ @Occ4LifeLtd** a month ago  
 Good evening #OTalk. Who is here tonight? Let me know which of the previous chats in the Improving Representation in OT series you've been able to join in with (either on the night or after the fact).

💬 ↻ ❤️

**Catherine McNulty @cathymc9781** a month ago  
 @OTalk\_ @Ruth\_Hawley @Occ4LifeLtd Hello #OTalk.... just lurking in & out this evening but hello everyone

💬 ↻ ❤️

**Ed Sum Occupational Therapist 🏳️‍🌈❤️🇬🇧 @musedNeuroOT** a month ago  
 @OTalk\_ @Ruth\_Hawley @Occ4LifeLtd Hey up! #OTalk

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life ❤️ @Occ4LifeLtd** a month ago  
 @OTalk\_ @Ruth\_Hawley Love the gif #otalk <https://t.co/MVxMj0d5hT>

💬 ↻ ❤️

**Kayleigh Wain @kayleighwainOT** a month ago  
 @OTalk\_ @Ruth\_Hawley @Occ4LifeLtd Hello #OTalk <https://t.co/FAhXSr9F34>

💬 ↻ ❤️

 **#OTalk @OTalk** a month ago  
 It's a great topic planned for tonight's discussion, improving representation in OT. Before we dive in, remember to abide by all professional codes of conduct, to include [#OTalk](#) in EVERY tweet and as in all topics that can be sensitive to [#BeKind](#) <https://t.co/tOaKv1ySyZ>

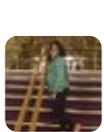
  

 **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 RT [@OTalk](#): It's a great topic planned for tonight's discussion, improving representation in OT. Before we dive in, remember to abide by al...

 **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 Might as well get Q1out and about - What have you learnt about representation and diversity in OT? [#OTalk](#)

 **Melissa chieza** [@melissa\\_chieza](#) a month ago  
[@OTalk](#) [@Ruth\\_Hawley](#) [@Occ4LifeLtd](#) Hey just lurking in and out this evening. Welcome Everyone [#otalk](#)

 **#OTalk @OTalk** a month ago  
 Question 1

 **Georgia Vine** [@GeorgiaVineOT](#) a month ago  
[@Occ4LifeLtd](#) [@OTalk](#) Evening! I attended them all and wouldn't miss this one! [#OTalk](#)

 **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
[@GeorgiaVineOT](#) [@OTalk](#) Fabulous. Your contributions have been awesome. [#otalk](#)

 **Rachael** [@RachaelD\\_OT](#) a month ago  
[@Occ4LifeLtd](#) Hey everybody 🐾 I'm currently trying to entertain a puppy & so may be a little delayed this evening 🏠 I've been able to join in with all of the Improving Representation in OT chats 😊 [#OTalk](#)

 **Hannah Spencer**  [@hspenceruk](#) a month ago  
[@OTalk](#) [@Ruth\\_Hawley](#) [@Occ4LifeLtd](#) \*waves\* Evening all, been a wee while! [#OTalk](#) <https://t.co/pUx3luV3nQ>

 **Rachael** [@RachaelD\\_OT](#) a month ago  
[@Occ4LifeLtd](#) In short, that it's lacking... [#OTalk](#)

**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#) a month ago  
 **SYMPLUR**  
 In response to my own question I'll say I've learned there is the passion and drive for change, some steps have been made but we still have a ways to go to increase accessibility to and within the profession [#otalk](#)

💬 ↻ ❤️

**Georgia Vine** [@GeorgiaVineOT](#) a month ago  
 [@Occ4LifeLtd](#) [@OTalk](#) Aww thank you, and thank you for providing this space Kirsty! [#OTalk](#)

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#) a month ago  
 [@hspenceruk](#) [@OTalk](#) [@Ruth\\_Hawley](#) Hope you are doing ok. Good to have you back [#otalk](#)

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#) a month ago  
 RT [@RachaelD\\_OT](#): [@Occ4LifeLtd](#) In short, that it's lacking... [#OTalk](#)

💬 ↻ ❤️

**Toks Odutayo** [@TokunboTweetz](#) a month ago  
 [@Occ4LifeLtd](#) I don't know about a new learning, but feel that a light has been shone on the fact that as a profession we have a long way to go to be more representative and diverse in our practice [#otalk](#)

💬 ↻ ❤️

**Ed Sum Occupational Therapist** 🇳🇮❤️🇬🇧 [@musedNeuroOT](#) a month ago  
 [@Occ4LifeLtd](#) There is a lot of upset. There are a lot of horrible experiences. [#OTalk](#)

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#) a month ago  
 Also that we have great examples from our fellow health & care professionals. Work that nurses and physios for example have done that we can learn from. And it was great to see the HCPC diversity survey come out today of all days. Let's increase the data from 5.9% to 100 [#otalk](#)

💬 ↻ ❤️

**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#) a month ago  
 Good point for many people this has been apparent for a while but we definitely need to keep it in the spotlight. [#otalk](#)

💬 ↻ ❤️

**Georgia Vine** [@GeorgiaVineOT](#) a month ago  
 [@Occ4LifeLtd](#) I've learnt a lot about how there's little representation and not just meaning small numbers of people who identify with the protected characteristics. The numbers can be big but if there's no space or platform to advocate then it's hard to represent. [#OTalk](#)

💬 ↻ ❤️

**Hannah Spencer** ❤️ [@hspenceruk](#) a month ago  
 [@Occ4LifeLtd](#) [@OTalk](#) [@Ruth\\_Hawley](#) Wouldn't have missed tonight - thank you for driving these overdue and very necessary conversations - prompts for reflection and action [#OTalk](#)

💬 ↻ ❤️

-  **#OTalk @OTalk** a month ago  
**MPLUR** **Millie** definitely mentions the HCPC survey out today and the importance of completing it. Highly relevant to tonight's [#OTalk](#) topic  
  
- 
-  **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 Definitely there is too much upset that need acknowledgment and apology and action to ensure it doesn't continue. Time for people to speak up and act forward. [#otalk](#)  
  
- 
-  **Georgia Vine** [@GeorgjaVineOT](#) a month ago  
[@TokunboTweetz](#) [@Occ4LifeLtd](#) I agree! [#OTalk](#)  
  
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-  **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 Excellent observation. [#otalk](#)  
  
- 
-  **Kwaku Agyemang** [@KwakuOT](#) a month ago  
[@Occ4LifeLtd](#) That even though there is some diversity, there is a long way to go to in terms of reflecting the population. At the same time, we just need to celebrate the little diversity we have a lot more! [#OTalk](#)  
  
- 
-  **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 Q2 What actions have you taken to improve representation in your area? [#OTalk](#)  
  
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-  **#OTalk @OTalk** a month ago  
 Main themes so far have been about recognising the problem regarding current diversity and representation within the profession. Plenty of appetite for change from those participating in tonight's [#OTalk](#)  
  
- 
-  **Rachael** [@RachaelD\\_OT](#) a month ago  
[@GeorgjaVineOT](#) [@Occ4LifeLtd](#) You've really hit the nail on the head here, [@GeorgjaVineOT](#) [#OTalk](#)  
  
- 
-  **#OTalk @OTalk** a month ago  
 And question 2  
  
- 
-  **Kirsty Stanley Occupation4Life**  [@Occ4LifeLtd](#) a month ago  
 We need a very big post covid party. [#otalk](#)  
  
- 
-  **Caitlin Sparling OT** [@OtCaitlin](#) a month ago  
[@Occ4LifeLtd](#) From my own experience as a student with a long term health condition I was really concerned that I would not be accepted to university because of my health. This was certainly not the case and I have been really well supported throughout. [#OTalk](#)  
  



**Georgia Vine** @GeorgiaVineOT

a month ago

[@RachaelD\\_OT](#) [@Occ4LifeLtd](#) Thank you \*she says sat grinning in bed\* 😊 #CTalk



**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#)

a month ago

This is great to hear. Are you able to share what I'm particular has helped here? #otalk



**Kwaku Agyemang** [@KwakuOT](#)

a month ago

[@Occ4LifeLtd](#) Yes, I agree with this. Action more than words now. #OTalk



**Toks Odutayo** [@TokunboTweetz](#)

a month ago

[@Occ4LifeLtd](#) Agreed. There have been a select few who have been doing fabulous work toward diversity and representation for a while. A great example is the OT without borders work #otalk



**Kirsty Stanley Occupation4Life** ❤️ [@Occ4LifeLtd](#)

a month ago

[@OTalk](#) My area is my house 🏠. But even if it simply acknowledging that a problem exists, opening up discussion or continuing to educate yourselves every step counts. #otalk



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