

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, August 27th 2019, 8:00PM – Tue, August 27th 2019, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.



Jamie Cardell @OTJme

Question 1. What top down and bottom up approaches are you currently using within your settings? #OTalk @BeccaSheltonOT @LyndsayCourtOT



Bill Wong, OTD, OTR/L @BillWongOT

Hello folks! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT Top down approach- I use that when I get to know the patient for evaluation before set treatment goals for other OT staff to follow. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT Bottom up- sometimes I use this strategy to target weaknesses of placement student they come to my work setting. Role play is now a favorite trick of mine. #otalk



OTalk @OTalk_

First question 😊 (also, everyone feel free to introduce yourself and tell us why you're interested in tonight's chat!) #OTalk



Rachel Booth @OT_rach

Joining late tonight so just catching up #otalk



Josie @josiejo_OT

Interesting topic on #OTalk tonight - I will just be lurking! I need to read the Novak (2019) paper - its on my reading list 🔥



Sheryl 🇺🇸🇬🇧🇬🇷 @sherlynmelody

I'm late tonight. Hey everyone 🙋 I'm back #otalk



OTalk @OTalk_

@OT_rach Glad you could join us! 😊 #OTalk



Lyndsay Court @LyndsayCourtOT

@OTalk_ In our Paediatric setting, we use a combination of both: Bottom up, such as Ayres SI and Bobath NDT. Top Down, such as CO Task focused assessment and intervention. #OTalk



Jamie Cardell @OTJme

Question 2. What are your thoughts on top down versus bottom up approaches in Occupational Therapy and how effective do you find them? #OTalk @BeccaSheltonOT @LyndsayCourtOT



Bill Wong, OTD, OTR/L @BillWongOT

RT @LyndsayCourtOT: @OTalk_ In our Paediatric setting, we use a combination of both: Bottom up, such as Ayres SI and Bobath NDT. Top Down...



Rachel Booth @OT_rach

Hummm can you explain what you mean a bit more? I guess I try and consult staff when it comes to change? #otalk is that what you r



Rachel Booth @OT_rach

Again I'm struggling a little bit with the terminology. Currently going through service change at work which I'm involved in leading. It's that people feel part of the changes for them to engage in them, rather than felt like the changes are being done to them #otalk



OTalk @OTalk_

@OT_rach I'll leave it up to @OTJme and co. to give their own definition but my understanding is that it's about focusing on occupation down) vs. focusing on skills/functions (bottom-up) <https://t.co/YnogHoTv9a> #OTalk



Susan Griffiths @SusanGriffiths5

@OTalk_ Hi guys, I am one of the OTs that works with these fantastic hosts! We have already within our team have lots of discussions down versus bottom up approaches to OT intervention. I use a combination of both depending on the child's needs. #OTalk



Sh&RLY/1 🇺🇸🇬🇧🇬🇪 @sherlynmelody

I'm definitely lurking tonight have not read the blog for today. #topdown #bottomup #lostinjargon 🙈 #OTalk



Becca Shelton @BeccaSheltonOT

RT @OTalk_: @OT_rach I'll leave it up to @OTJme and co. to give their own definition but my understanding is that it's about focusing o



Sh&RLY/1 🇺🇸🇬🇧🇬🇪 @sherlynmelody

RT @OTalk_: @OT_rach I'll leave it up to @OTJme and co. to give their own definition but my understanding is that it's about focusing o



Rachel Booth @OT_rach

@OTalk_ @OTJme Oh that helps and awful lot, it's not a model I'm familiar with. #otalk



OTalk @OTalk_

@OT_rach @OTJme So for example in assessments, something like the Child Occupational Self-Assessment would be top-down (look occupational performance) while the Movement ABC would be bottom-up (looking at motor skills specifically) #OTalk



Jamie Cardell @OTJme

@OTalk_ @OT_rach @OT_rach this is exactly what we're talking about. So top approaches we use are COOP and task focused interver #otalk



Katrina Kennedy @katrina_quality

RT @Pooletherapies: Tonight 8 pm - 9 pm @OTjme @BeccasheltonOT and LyndsaycourtOT are hosting an @OTalk_ focussing on 'Evic Based Prac...



Bill Wong, OTD, OTR/L @BillWongOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT In an ideal world, I prefer top down. I think getting to know the patients holistically first determining appropriate treatment goals are important. #otalk



Andrew Bates @AndrewBatesOT

RT @OTalk_: @OT_rach I'll leave it up to @OTJme and co. to give their own definition but my understanding is that it's about focusing o



Rachel Booth @OT_rach

RT @SusanGriffiths5: @OTalk_ Hi guys, I am one of the OTs that works with these fantastic hosts! We have already within our team ha



OTalk @OTalk_

@EllieOTforKids @SusanGriffiths5 Hi Ellie! It's #OTalk (with only one t) - just letting you know so your tweets don't get lost!



OTalk @OTalk_

RT @SusanGriffiths5: @OTalk_ Hi guys, I am one of the OTs that works with these fantastic hosts! We have already within our team ha

OTalk @OTalk_

RT @BillWongOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT In an ideal world, I prefer top down. I think getting to know the patie holistica...



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ @OT_rach @OTJme I know in US- I think BOT-2, VMI, and PDMS 2 are also bottom up as well. #otalk



OTalk @OTalk_

Second question - what are people's preferences? Does it depend on the client, the type of setting, or something else? #OTalk



Ellie OT for Kids @EllieOTforKids

RT @OTalk_: @OT_rach I'll leave it up to @OTJme and co. to give their own definition but my understanding is that it's about focusing



Holly Graham @HollyGtheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT I try to use occupation performance coaching in all my sessions, but is restricted by s constraints. I prefer using top down than bottom up, following the evidence base. My bottom up ax is probably MABC for DCD dx (#OT hashtag before)



Rachel Booth @OT_rach

@OTJme @BeccaSheltonOT @LyndsayCourtOT Okay so I'm unsure which a bottom up and top-down. But within acute psychiatry my occupational therapist use MOHOST, OSA, Claudia Allans LACL's and the VTDmoca, within rehab services, they mainly use the VTDm set occupational-based goals using the gas light tool #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @SusanGriffiths5: @OTalk_ Hi guys, I am one of the OTs that works with these fantastic hosts! We have already within our team ha



OTalk @OTalk_

RT @HollyGtheOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I try to use occupation performance coaching in all my sessions, b restricted...



Rachel Booth @OT_rach

@OTJme @BeccaSheltonOT @LyndsayCourtOT And all of this is contributes to an overall assessment report called an occupational p assessment which every occupational therapist within the trust completes as part of their assessment process. #otalk



Holly Graham @HollyGtheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT I use top down. Evidence is that this is most affective and from my experience I would Also think families feel more satisfied with this approach and helps to understand our role, meaning they can be more of an active par therapeutic process #OTalk



Lyndsay Court @LyndsayCourtOT

@BillWongOT @OTalk_ @OT_rach @OTJme Thanks Bill! We too use many standardised assessments such as these! But what is the PI #OTalk



Sh&RLY.1 🇬🇧🇬🇧🇬🇧 @sherlymelody

@OTalk_ @OT_rach @OTJme @BeccaSheltonOT I know we are looking paed's today. But just so im sure. I've had a self referral for a st as service user wants to manage stairs better how would this fit in #topdown #bottomup #otalk



OTalk @OTalk_

RT @HollyGtheOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I use top down. Evidence is that this is most affective and from my experience I wo...



Sh&RLY.1 🇬🇧🇬🇧🇬🇧 @sherlymelody

RT @BillWongOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT In an ideal world, I prefer top down. I think getting to know the patie holistica...

Rachel Booth @OT_rach



Where would assessing sensory needs be? #otalk



Jamie Cardell @OTJme

@HollyGtheOT @BeccaSheltonOT @LyndsayCourtOT Definitely agree. I find that using top down approaches are refreshing to use an respond to this. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@LyndsayCourtOT @OTalk_ @OT_rach @OTJme Peabody Developmental Motor Scale. #otalk



Hannah Chadwick OT @hchadwickOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT I think it's good to use a range of both techniques dependent on the patients occupat needs. I find that I don't feel as confident using bottom up approaches. I would like to learn more and develop my skills using Bobath!



Jamie Cardell @OTJme

Question 3. Has the Novak (2019) systematic review changed your practice or thoughts about using approaches such as Ayres Sensory Integration and Bobath for certain client groups? #OTalk @BeccaSheltonOT @LyndsayCourtOT



Bill Wong, OTD, OTR/L @BillWongOT

RT @hchadwickOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I think it's good to use a range of both techniques dependent on occup...



Rachel Booth @OT_rach

RT @hchadwickOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I think it's good to use a range of both techniques dependent on occup...



Becca Shelton @BeccaSheltonOT

@OT_rach Any assessment aimed at body functions level ie sensory processing would be considered bottom up #OTalk



Ellie OT for Kids @EllieOTforKids

@OTJme @BeccaSheltonOT @LyndsayCourtOT I tend to end up working bottom with groups of children in schools. Would working to working one to one with a child #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@hchadwickOT @OTJme @BeccaSheltonOT @LyndsayCourtOT bobath is versatile... since you can also carry it over to geriatric and r settings, too! #otalk



Rachel Booth @OT_rach

@BeccaSheltonOT Thanks #otalk



SystematicReviewBot @EvidenceRobot

RT @OTJme: Question 3. Has the Novak (2019) systematic review changed your practice or thoughts about using approaches such as Sensor...



Holly Graham @HollyGtheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT Absolutely! Many children know the solution to their difficulties but may have never b in an accesible way or not had appropriate guidance #OTalk



Hannah Chadwick OT @hchadwickOT

@BillWongOT @OTJme @BeccaSheltonOT @LyndsayCourtOT Bobath is certainly an approach that intrigues me! Maybe it's an area th carry out CPD learning in the future #Otalk



Rachel Booth @OT_rach

I'm afraid to say I can't answer this question, it's not a system I've come across in mental health settings. 🙄 #otalk



Sh&RLY.1 🇬🇧🇺🇰🇦🇪 @sherlynmelody

@OTJme @BeccaSheltonOT @LyndsayCourtOT I work for social services some services users have an idea about what they would like to achieve: transfers, access, I normally solve the problems but not sure what approach I'm using. No standardised assessments - functional assessments mainly. Observing performance #otalk



OTalk @OTalk_

Question 3! Getting our evidence-based practice hats on... #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@EllieOTforKids @OTJme @BeccaSheltonOT @LyndsayCourtOT I think so- because you got to spend more individual time with them. you got to know the child better. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@EllieOTforKids @OTJme @BeccaSheltonOT @LyndsayCourtOT I have seen handwriting groups during my placements- that's bottom because I know handwriting was the skill that every child was working on during this particular time. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @sherlynmelody: @OTJme @BeccaSheltonOT @LyndsayCourtOT I work for social services some services users have an idea about would...



Ellie OT for Kids @EllieOTforKids

@OTalk_ Any paediatric occupational therapists (especially schools based !) working around Manchester. Looking to connect with son



Rachel Booth @OT_rach

@BeccaSheltonOT And a top down assessment would be, anything aimed at?? #otalk



Sh&RLY.1 🇬🇧🇺🇰🇦🇪 @sherlynmelody

@BeccaSheltonOT @OT_rach Would this include observing someone's occupational performance? For equipment provision or simply technique? #otalk



Susan Griffiths @SusanGriffiths5

@OTJme @BeccaSheltonOT @LyndsayCourtOT Personally I don't think it should be one over the other and that often a combination of approaches can give the client the best outcome linked to the client's functional goals. #OTalk



Hannah Chadwick OT🦋 @hchadwickOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT I'm a newly qualified OT in acute neurosurgery. I mainly use top down approaches such as focused assessments. It helps me to assess the whole function, than merely focusing on foundational components. Even making a cup uses cognition, upper and lower limbs ect #otalk



Ellie OT for Kids @EllieOTforKids

@BillWongOT @OTJme @BeccaSheltonOT @LyndsayCourtOT I run lots of groups. Mainly handwriting, fine and gross motor skills and regulation in schools #OTalk



Lyndsay Court @LyndsayCourtOT

@EllieOTforKids @OTJme @BeccaSheltonOT Yes Ellie, similar here! We too run groups with a bottom up focus, such as for improving skills. It would be interesting to learn and hear about practises who use Top Down task focused interventions in a group setting #OTalk



Holly Graham @HollyGtheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT No, because I'd already read up on the evidence around it and been guided by that, here's a fantastic article to share with colleagues and makes EBP much more approachable! And I certainly have changed my practice in many aspects #OTalk



Jamie Cardell @OTJme

@hchadwickOT @BeccaSheltonOT @LyndsayCourtOT No worries Hannah. #otalk



Ellie OT for Kids @EllieOTforKids

@LyndsayCourtOT @OTJme @BeccaSheltonOT Defiantly would be interesting. Haven't heard of many that do #OTalk



Becca Shelton @BeccaSheltonOT

@OT_rach An assessment aimed at the occupation/task level ie getting someone to perform the task they are struggling with rather th on the underlying skills #OTalk



Jamie Cardell @OTJme

Question 4. How do you stay up to date with the latest evidence and how do you apply this evidence to practice? #OTalk @BeccaShel @LyndsayCourtOT



Susan Griffiths @SusanGriffiths5

@OTalk_ No it hasn't changed my mind. As an SI trained therapist I was disappointed with this review. It did not distinguish ASI interve Sensory based interventions. There is emerging evidence for ASI interventions but this was not highlighted. #OTalk



OTalk @OTalk_

For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventions as green, red based on the evidence for how effective they are - some of the findings potentially controversial... #OTalk <https://t.co/sgukC1MN1> <https://t.co/r9FHp0jxRr>



Rob Molloy @RobTheOT

@LyndsayCourtOT @EllieOTforKids @OTJme @BeccaSheltonOT We @HillingdonPlays have changed our groups in past year to being We focus them on functional skills children need to do every day depending on their age (pre-writing/ mark making, letter formation, s dressing, knife and fork use etc) & coaching parents #OTalk



OTalk @OTalk_

RT @SusanGriffiths5: @OTalk_ No it hasn't changed my mind. As an SI trained therapist I was disappointed with this review. It did not



OTalk @OTalk_

RT @HollyGtheOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT No, because I'd already read up on the evidence around it and bee by that,...



Rachel Booth @OT_rach

RT @BeccaSheltonOT: @OT_rach An assessment aimed at the occupation/task level ie getting someone to perform the task they are : wi...



Rob Molloy @RobTheOT

RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventi



Rachel Booth @OT_rach

@BeccaSheltonOT I think I'm getting it. #alwayslearning #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @SusanGriffiths5: @OTalk_ No it hasn't changed my mind. As an SI trained therapist I was disappointed with this review. It did not



Rachel Booth @OT_rach

RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventi



Becca Shelton @BeccaSheltonOT

@sherlynmelody @OT_rach If your observing someone completing the actual occupation they want to work on you are using a top do approach to assessment and intervention #Otalk



Susan Griffiths @SusanGriffiths5

@OTalk_ It also highlighted that ABA therapy is evidence based and has the green light. This approach is very controversial and has b criticised by the adults autistic population. #OTalk



Rachel Booth @OT_rach
@SusanGriffiths5 @OTalk_ Interesting #OTalk



Sh&RLY.1 🇬🇧🇺🇰🇷 @sherlynmelody
@OT_rach @BeccaSheltonOT @OT_rach I'm still waiting for the penny to drop #ALWAYSlearning 🇺🇸 #otalk



Lyndsay Court @LyndsayCourtOT
@sherlynmelody @OTalk_ @OT_rach @OTJme @BeccaSheltonOT Hi! This would be considered top down as you are working towards compensating the task of getting up stairs, rather than working at bottom up, body functions level of assessing the motor (or other) c of why the task is difficult #OTalk



Rob Molloy @RobTheOT
@OTJme @BeccaSheltonOT @LyndsayCourtOT I get regular email alerts from OT journals and scan the titles to see what is relevant to current work (and try to find time to read at least the abstract!) #OTalk also attending @RCOT_CYPF events



Jamie Cardell @OTJme
@RobTheOT @LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT @HillingdonPlays Hi @RobTheOT fantastic that you've changed to more top down. Has there been a reason for this change #OTalk



OTalk @OTalk_
We're on to question 4 already! I wonder if Twitter/other social media is important for people staying up to date with evidence at the moment #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@SusanGriffiths5 @OTalk_ I definitely read a lot about ABA controversy with autistic adults, too! There are threads regularly talking about #actuallyautistic hashtag. (I CAN use this hashtag, but majority of us in the OT community can't.) #otalk



OTalk @OTalk_
RT @SusanGriffiths5: @OTalk_ It also highlighted that ABA therapy is evidence based and has the green light. This approach is very common



Jamie Cardell @OTJme
RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventions



Becca Shelton @BeccaSheltonOT
RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventions



Sh&RLY.1 🇬🇧🇺🇰🇷 @sherlynmelody
@LyndsayCourtOT @OTalk_ @OT_rach @OTJme @BeccaSheltonOT Ok thaaaank you. I got it #pennydropped #otalk 🙌🙌🙌 #feelingcleared



Bill Wong, OTD, OTR/L @BillWongOT
@OTJme @BeccaSheltonOT @LyndsayCourtOT I will just go through potential articles I am interested to read every 6 months or so... I'm in the mood of conference abstract submissions. #otalk



Rachel Booth @OT_rach
Well Given tonight to chat I feel a little bit out of date, that's not a model I have come across it in MH. But I like to use Twitter, (of course) articles in @OTnews, I run a monthly OT learning and governance network, each month we try and look at new things.



Susan Griffiths @SusanGriffiths5
@OTalk_ Some of the terms used is so vague such as 'mental health intervention' are green. But what mental health interventions??#OTalk



Rachel Booth @OT_rach
Well Given tonight's to chat I feel a little bit out of date, that's not a model I have come across it in MH. But I like to use Twitter, (of course) Reading articles in @OTnews, I run a monthly OT learning and governance network, each month we try and look at new things.#OTalk



OTalk @OTalk_

@SusanGriffiths5 Yes, I was surprised to see it in the green light section considering a lot of what's been brought up by people in e.g. #BetterWaysThanABA hashtag #OTalk



Jamie Cardell @OTJme

We're starting a journal club within our service, We're getting involved with social media CPD, and we're constantly networking and st today with the latest research that is happening within our specialism. @BeccaSheltonOT @LyndsayCourtOT #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@SusanGriffiths5 @OTalk_ I wish this is better defined as well. Lifestyle redesign will be considered as outpatient MH from what I know



OTalk @OTalk_

RT @OT_rach: Well Given tonight's to chat I feel a little bit out of date, that's not a model I have come across it in MH. But I like to...



OTalk @OTalk_

RT @OTJme: We're starting a journal club within our service, We're getting involved with social media CPD, and we're constantly netw



Rachel Booth @OT_rach

I stay involved with @theRCOT (you get out of it what you put in). Try and read the odd journal! And make sure I attend some confere the year, some which I finance myself. #otalk



Sheryl @sherlymelody

@OTJme @BeccaSheltonOT @LyndsayCourtOT #otalk case by case. If I have a service user with a condition I will read about it. Not ne read papers or articles. Otalk helps esp where people share info #scie #nice #dignityincare few bits and pieces.



Hannah Chadwick OT @hchadwickOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT RCOT resources & BJOT journals are great. I also find OT Facebook groups useful. Eg specialised in neurology/neurosurgery the Neuro4OT Facebook page is helpful. Not merely for UK updates but also worldwide. Howev resources may not always be reliable. #OTalk



Rob Molloy @RobTheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT How will you run the Journal club? #OTalk



Susan Griffiths @SusanGriffiths5

@OTalk_ The other thing I don't like about this paper is how it reduce all interventions to a traffic light system and using the term 'don' SI and NDT implies that it does harm to the kids...#OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT a couple hashtag comes to mind for lurking- #actuallyautistic and #actuallyadhd, to n I also recently found out there's #autchat every Sunday also at 9-10 pm UK time. #otalk



Holly Graham @HollyGtheOT

@OTJme @BeccaSheltonOT @LyndsayCourtOT I do the same as @RobTheOT. I've set up email alerts from BJOT, AJOT, CJOT, AOTJ membership. I also have @RCOT_CYPF membership so receive their journal and newsletters and set up email alerts from @canchild_c sends article links (and more...) #OTalk



Jamie Cardell @OTJme

@LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT @RobTheOT we would love to hear more about what you are doing in your gro we can be more top down focused #otalk



OTalk @OTalk_

RT @hchadwickOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT RCOT resources & BJOT journals are great. I also find OT Facebo useful. Eg...



OTalk @OTalk_

RT @sherlynmelody: @OTJme @BeccaSheltonOT @LyndsayCourtOT #otalk case by case. If I have a service user with a condition I wi about...



OTalk @OTalk_

RT @OT_rach: I stay involved with @theRCOT (you get out of it what you put in). Try and read the odd journal! And make sure I attend



Bill Wong, OTD, OTR/L @BillWongOT

@hchadwickOT @OTJme @BeccaSheltonOT @LyndsayCourtOT I know I am spoiled now with my AOTA membership... getting access AJOT, CJOT, and AOTJ. #otalk



Rachel Booth @OT_rach

How to get your head around if you've not heard of #topdown #bottomUp before you. Don't worry I'm learning with you. 🤔🤔 #otalk



Rob Molloy @RobTheOT

RT @HollyGtheOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I do the same as @RobTheOT. I've set up email alerts from BJOT, CJOT, AOTJ al...



Bill Wong, OTD, OTR/L @BillWongOT

@hchadwickOT @OTJme @BeccaSheltonOT @LyndsayCourtOT My thing about the BJOT- I felt that #autism is an area that is not ad much in comparison to AJOT and AOTJ. #otalk



SHERLYN 🇺🇸🇬🇧🇬🇷 @sherlynmelody

@OT_rach Happy for the company, believe me #otalk 😊



Jamie Cardell @OTJme

@BillWongOT @hchadwickOT @BeccaSheltonOT @LyndsayCourtOT For those who don't know. Those with RCOT membership can at the above. #otalk



Susan Griffiths @SusanGriffiths5

@OTalk_ I think this for me this paper just highlight that as OT we really need to make sure we use outcome measures to provide evide what we do regardless of what approach we use to show the effectiveness of our interventions on our clients and do more research #



Rob Molloy @RobTheOT

@OTJme @LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT Absolutely! Ours are still evolving. PM me your email and I can send y outline of our 5 week superheroes group for kids age 5-7 with functional difficulties. It's far from perfect but moving in the right direct



Holly Graham @HollyGtheOT

@OTJme @OTalk_ @BeccaSheltonOT @LyndsayCourtOT Interested to hear about this goes. I've just taken over timetabling our CPD in as they would often get forgotten about. Considering a journal club but may not be able to justify the time for it at the moment #OTalk



Jamie Cardell @OTJme

@RobTheOT @BeccaSheltonOT @LyndsayCourtOT This will be a new initiative that we hope to implement but we want to ensure it's b engaging and thought provoking. Possibly look at a different topic within our specialism every 6 weeks. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@SusanGriffiths5 @OTalk_ and as an autistic OT, I sometimes will try to give my 2 cents on current evidence on #autism in our practic I can through conference abstracts. #otalk



Becca Shelton @BeccaSheltonOT

@RobTheOT @OTJme @LyndsayCourtOT Still early days of planning this! Trying to find a way of engaging the whole team in research adding too much to peoples workload.. tricky task. Hoping to run a short discussion group where people take it in turn to bring a curre research #OTalk

Rob Molloy @RobTheOT



@HollyGtheOT @OTJme @OTalk_ @BeccaSheltonOT @LyndsayCourtOT I may get the same reaction currently but I try to send around find to relevant people when possible 😊 #OTalk



Wendy Machalicek @drmachalicek
RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventi



Becca Shelton @BeccaSheltonOT
@RobTheOT @OTJme @LyndsayCourtOT Anyone else got any tips on how best to run a journal club? #OTalk



Lyndsay Court @LyndsayCourtOT
@SusanGriffiths5 @OTalk_ I agree, ABA has a body of evidence for PTSD in adulthood following use of this intervention in childhood. I Novak has strong evidence for 'red light' interventions that many of us in the OT Paediatric world still use daily in our practice; we mus #OTalk



RCOT CYPF @RCOT_CYPF
RT @HollyGtheOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT I do the same as @RobTheOT. I've set up email alerts from BJOT, CJOT, AOTJ al...



Hannah Chadwick OT @hchadwickOT
@OTJme @BeccaSheltonOT @LyndsayCourtOT Inservice trainings are beneficial! Eg, I attended one about post-traumatic amnesia ar occupational therapy assessment tools . It's also important that if new evidence/assessment tools emerge that staff are initially provid supervision to carry out assessments #OTalk



Holly Graham @HollyGtheOT
@RobTheOT @OTJme @OTalk_ @BeccaSheltonOT @LyndsayCourtOT Yes I do this too! Although try not to bombard people (ha!). Hoj this helps people to access articles that are interested but struggle to know how to #OTalk



OTalk @OTalk_
5 minutes to go on tonight's #OTalk! Lots of learning happening tonight 😊



OTalk @OTalk_
RT @hchadwickOT: @OTJme @BeccaSheltonOT @LyndsayCourtOT Inservice trainings are beneficial! Eg, I attended one about post-t amnesia...



Jamie Cardell @OTJme
As we draw to a close we would like to thank everyone for taking part in tonight's #otalk. It's been an absolute pleasure discussing this you all. @BeccaSheltonOT @LyndsayCourtOT



Bill Wong, OTD, OTR/L @BillWongOT
See everyone later! #otalk



Rachel Booth @OT_rach
Your @theRCOT membership gives you so much I don't understand practising occupational therapist who aren't members, how do th #otalk but I always say get involved, join specialist sections be on the regional committee, respond to email consultations. #otalk



Ellie OT for Kids @EllieOTforKids
@OTJme @BeccaSheltonOT @LyndsayCourtOT Reading journals, Facebook groups. Would love to start a specialist I treat groups for OTs around Manchester if anyone's interested #OTalk



OTalk @OTalk_
RT @OTJme: As we draw to a close we would like to thank everyone for taking part in tonight's #otalk. It's been an absolute pleasure c



Sh&RLY /1 🇬🇧🇬🇧🇬🇧 @sherlymelody
@BeccaSheltonOT @RobTheOT @OTJme @LyndsayCourtOT We used to have a monthly journal club at our place. However the OT th to have a baby. So it stopped when she left. She would share an article to the group, ask us to reflect on it within the group so we all s

reflections and then complete a cpd log #otalk



OTalk @OTalk_
And thank you for hosting, Jamie! (and Becca and Lyndsay 😊) #OTalk



K-OT @kalessandram
@OTJme @BeccaSheltonOT @LyndsayCourtOT No, looked at a v broad range of interventions but didn't select & quantify what it incl systematically. spoke about sensory Integration: instead of reviewing the significant emerging Ayres SI evidence it reviewed a random of unrelated sensory strategies #OTalk



Jamie Cardell @OTJme
@OT_rach @theRCOT Agreed @theRCOT give you lots of resources and updates of events happening across the U.K. #otalk a fantast keep up to date with the latest research #otalk



OTalk @OTalk_
@BillWongOT Thanks for joining us Bill! #OTalk



Rob Molloy @RobTheOT
@EllieOTforKids @OTJme @BeccaSheltonOT @LyndsayCourtOT Don't forget your @RCOT_CYPF regional group who I'm sure would l help planning events! #OTalk



Sh&RLYJ1 @sherlynmelody
This was awesome considering I was lurking. Thank you to the hosts and my learning buddy @OT_rach 😊 #otalk



OT_Expert @OT_Expert
RT @OT_rach: Your @theRCOT membership gives you so much I don't understand practising occupational therapist who aren't memb do th...



@thinkpix_suze
RT @EllieOTforKids: @OTJme @BeccaSheltonOT @LyndsayCourtOT Reading journals, Facebook groups. Would love to start a special grou...



Jamie Cardell @OTJme
@RobTheOT @EllieOTforKids @BeccaSheltonOT @LyndsayCourtOT @RCOT_CYPF Agreed. 🙌👍 #otalk



OTalk @OTalk_
Don't forget that hashtag #otalk



Rachel Booth @OT_rach
#OTalk



Rachel Booth @OT_rach
LOL I can't believe I forgot to mention #OTalk 🤦🤦🤦



Holly Graham @HollyGtheOT
@RobTheOT @OTJme @LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT I would love to hear about this too @RobTheOT. We det of groups in the office/how we would provide school based OT and I would be interested to hear about these! I'll also PM my email if tl #OTalk



OT_Expert @OT_Expert
Such a difficult time for me to join, real time, but I always try to catch up later #otalk

Lyndsay Court @LyndsayCourtOT
What an interesting discussion tonight @OTalk_ In addition to our subject, the importance of being able to speak the same language v



own profession has also been highlighted. Maybe another #OTalk topic?! Thank you everyone who came online 😊



OTalk @OTalk_

That's it for tonight's chat, thanks everyone for your contributions! We'll have a transcript of this chat up on our website later in the we we'll be back next Tuesday to talk about research 📄🗣️😊 #OTalk



Holly Graham @HollyGtheOT

@OT_rach Thank you - I always forget! Although impressed with myself with this weeks efforts haha #OTalk



Rachel Booth @OT_rach

Yes thank you everyone I've learnt something new tonight! #otalk 🍪🍪🍪🍪. Off to catch up on #bakeoff now



Rachel Booth @OT_rach

@HollyGtheOT #otalk good tip is to start off every tweet with the hashtag and then you don't forget.



Jamie Cardell @OTJme

#OTalk a v.interesting point made. I think as occupational therapists we all need to be constantly learning to develop our profession. E we want the public to understand what we do. #occupationaltherapy



OTalk @OTalk_

@OT_rach Enjoy! #OTalk <https://t.co/FFHh3c8imo>



Rob Molloy @RobTheOT

@HollyGtheOT @OTJme @LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT Our service is moving to being school based for all fr school year (till now entirely clinic based) We're still figuring out how groups will fit in but we hope to be able to teach school staff to r handwriting groups as a targeted level intervention. #OTalk



Becca Shelton @BeccaSheltonOT

Such an intersting chat tonight hosting #OTalk and more discussion to be had! Thanks everyone for joining in 😊



OTalk @OTalk_

RT @BeccaSheltonOT: Such an intersting chat tonight hosting #OTalk and more discussion to be had! Thanks everyone for joining in 🙌



Rachel Booth @OT_rach

RT @BeccaSheltonOT: Such an intersting chat tonight hosting #OTalk and more discussion to be had! Thanks everyone for joining in 🙌



Drew Massey @DrewMassey4

RT @OTalk_: For anyone who missed it, the Novak paper was a review of literature on OT interventions and graded different interventi



Holly Graham @HollyGtheOT

@RobTheOT @OTJme @LyndsayCourtOT @EllieOTforKids @BeccaSheltonOT In my last team I was part of the school based OT team some groups for targeted intervention up but with limited time to think/plan these through thoroughly so more a hope and see project



Ellie OT for Kids @EllieOTforKids

@RobTheOT @HollyGtheOT @OTJme @LyndsayCourtOT @BeccaSheltonOT I run all groups in schools and provide training for staff a topics so can be continued after and support the maximum children. Also helps for interventions to be delivered on a universal level #



Holly Graham @HollyGtheOT

@EllieOTforKids @RobTheOT @OTJme @LyndsayCourtOT @BeccaSheltonOT We did a lot of presentations to school staff. Another or would love to hear about how people run so they are slightly more creative and accessible. #OTalk

Showing 1 to 173 of 173 entries

Free Custom Analytics and Transcripts for #OTalk

100,000 Tweets

Symplur has over 100,000 #OTalk tweets going back to September 2011.

Get unrestricted access to all conversations with **Symplur Signals**.