

I joined in an #OTalk Reflection Log

OTalk is a weekly chat about occupational therapy that takes place on twitter every Tuesday 8pm UK time. <https://otalk.co.uk>



On Twitter I'm know as:

Date of OTalk:

Title of OTalk Discussion:

Link to/copy of transcript of OTalk chat:

Transcripts are added to the OTalk blog a few days after the chat for you to evidence your involvement, and to help with the reflection process.

Preparation before the chat

<p>What interested you about this chat?</p>	<p>Did you read the blog post prior to the chat? If so what where your thoughts?</p>
--	---

Learning

<p>What were my desired learning outcomes?</p>	<p>Where does it link in or combine with my existing knowledge?</p>
---	--

What have I learnt from the OTalk chat?	Explain the part of the chat that was significant and/ or important to you.
--	--

Conclusions

What do I need to do next?	How can I put my learning into practice in another situation?
-----------------------------------	--