

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, May 28th 2019, 8:00PM – Tue, May 28th 2019, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.

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-  **MND East Sussex** @MNDAEastSussex
RT @mndeducation: Are you an #OT? We are hosting a Twitter Chat with #OTalk on 11 June at 8pm to help share best practice and improve under...
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-  **OTalk** @OTalk_
8pm at last! Welcome all to tonight's #OTalk chat. This week's topic is "top tips for attending conference" & its @Kirstie_OT on the account to Give us a wave if you're out there. <https://t.co/ConWotbpOR>
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-  **Rachel Booth** @OT_rach
Hi - in bed not feeling well (cough and cold) so thought I'd drop in #otalk
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-  **OTalk** @OTalk_
FYI... i am attempting to get through this evening #OTalk using only #Pokemon GIFS. Why? Because why not 😂 #NerdyOT
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-  **OTalk** @OTalk_
@OT_rach Hey Lovely Rachel! #OTalk
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-  **Ellen** @TEllenUK
@OTalk_ @Kirstie_OT 🙌 #OTalk
-
-  **Aisling Butler** @AislingOT
joining in with @OTalk_ this evening- it will be my first time attending RCOT conference this year! #otalk
-
-  **Dr Jenny Preston MBE** @preston_jenny
@OTalk_ Hello everyone, I'm here tonight too, though not quite with the Pokemon theme 😂😂 #OTalk
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-  **OTalk** @OTalk_
@TEllenUK @Kirstie_OT Hi Ellen, welcome along #OTalk
-
-  **OTalk** @OTalk_
@AislingOT Hey Aisling. How exciting! Hopefully you can pick up some tips! #OTalk
-
-  **OTalk** @OTalk_
The nerd happily stands alone 😂 great to have you with us @preston_jenny #OTalk
-
-  **OTalk** @OTalk_
A little house keeping before we kick off tonight's chat. Please remember your codes of practice apply online as they do in practice, be mindful respectful of others, only share what you are comfortable with & enjoy! #OTalk <https://t.co/wShDZtnly5>
-
-  **Suzanne Simpson** @SimpsonResearch
Hi everyone I'll be joining in, in between making my tea 🙌 #OTalk
-
-  **Rachel Booth** @OT_rach
RT @OTalk_: A little house keeping before we kick off tonight's chat. Please remember your codes of practice apply online as they do in practice

 **OTalk @OTalk_**
 Jumping into Question 1; Who is attending @theRCOT #RCOT2019 conference this year? Are you a regular or a newbie? For those of you attending, what factors affected your decision? #OTalk <https://t.co/bIWpOKSUWC>

 **Rachel Booth @OT_rach**
 @OTalk_ @preston_jenny I won a Pokémon keyring at the arcades in Saltburn yesterday I'll have to remember to bring it to conference for #otalk

 **OTalk @OTalk_**
 @OT_rach @preston_jenny #OTalk This is way better than pizza!! cheers Rach!

 **ed sum 🇧🇷❤️🇺🇸 @musedNeuroOT**
 @OTalk_ @Kirstie_OT Only here to be a jigglypuff #OTalk <https://t.co/SWaxq69xnr>

 **OTalk @OTalk_**
 @musedNeuroOT @Kirstie_OT Totally allowed! #OTalk

 **Bill Wong, OTD, OTR/L @BillWongOT**
 @OTalk_ @theRCOT Hello folks! I will be there after a 3 year absence. I will visit Belfast first to make up for what I missed last year. #otalk

 **OTalk @OTalk_**
 @BillWongOT @theRCOT Evening Bill! #OTalk

 **Kelly M @OTontheTracks**
 @OTalk_ @theRCOT I'm looking forward to attending #RCOT2019. I've been the last few years and find it such a buzz and a great way to inspired and share ideas! #OTalk

 **#Hellomynameis Sarah @SLawsonOT**
 @OTalk_ @theRCOT Hi all, I think this will be my 11th annual conference, I've been every year since I was a student apart from 2! I am no member of the RCOT Career Development Team, it's my first as part of the team and looking forward to seeing another side of conference

 **Bill Wong, OTD, OTR/L @BillWongOT**
 @OTalk_ @theRCOT for years past, scheduling is always my issue. After all, to CAOT and OT Australia is also part of my international rot: conferences. #otalk

 **Bill Wong, OTD, OTR/L @BillWongOT**
 @OTalk_ @theRCOT I am excited to reunite with you guys in 3 weeks time! #otalk

 **Suzanne Simpson @SimpsonResearch**
 This is only my second time at conference. Before engaging in research I'd never been as I didn't think it was worth it 😞 I was so wrong! I've gone earlier in my career the whole event is inspiring and really reenergises you. This year I'm presenting a seminar 🙌 #OTalk

 **Dr Jenny Preston MBE @preston_jenny**
 @OT_rach @OTalk_ That's so funny @OT_rach. I still have nightmares after taking my young nephew to the cinema to watch a Pokemon when I was 9.5 months pregnant. Pikachu still haunts me to this day 18 years on #OTalk. Now for serious discussion. <https://t.co/GCpP2v4>

 **Laura Student OT @LAURA59455619**
 I'll be at RCOT19 with bells on #OTalk

 **Bill Wong, OTD, OTR/L @BillWongOT**
 @OTontheTracks @OTalk_ @theRCOT Yay! I will get to see you again! #otalk

Bill Wong, OTD, OTR/L @BillWongOT



@LAURA59455619 I will try to spot that! #otalk



Rachel Booth @OT_rach

I'm coming and I'm a regular, once you get the bug you just can't stop, this year, financing myself, done this once before, it gives you a free do what you want, and not think I should go to that seminar for work. #OTalk



OTalk @OTalk_

This will be my fourth time attending, each year i discover something new & i say I wont cram so much in, but i always end up doing more t following year anyway. #OTalk



OTalk @OTalk_

RT @OTontheTracks: @OTalk_ @theRCOT I'm looking forward to attending #RCOT2019. I've been the last few years and find it such a bu a...



#Hellomynameis Sarah @SLawsonOT

RT @SimpsonResearch: This is only my second time at conference. Before engaging in research I'd never been as I didn't think it was wor



Kate Tudor @OT_KateT

@OTalk_ @theRCOT First timer for any conference. No idea how it's going to work.... #OTalk <https://t.co/LyVGyGvTq>



Alicia Ridout @AliciaRidout

RT @SimpsonResearch: This is only my second time at conference. Before engaging in research I'd never been as I didn't think it was wor



Bill Wong, OTD, OTR/L @BillWongOT

@SimpsonResearch It doesn't matter how many times you attend any OT conference. Dedication and willingness to learn & network is wh #otalk



Amie Jayne @Amie_OT

@OTalk_ @theRCOT Im gutted i can't be there this year. First in 3 I've not made but being qualified now i couldnt save for this year #otalk



Kelly M @OTontheTracks

RT @SimpsonResearch: This is only my second time at conference. Before engaging in research I'd never been as I didn't think it was wor



OTalk @OTalk_

Well that def makes you a regular! 11 conferences from @SLawsonOT ... can we go any higher? #Otalk



ed sum 🇧🇷❤🇺🇸 @musedNeuroOT

@OTalk_ @theRCOT Not attending; never attended before so I don't know what I am missing. Quite far away, the costs and being away fr are my main reasons for not making the effort to try to attend #otalk



OTalk @OTalk_

Looking forward to it Bill #Otalk



Amanda White @ajciliaOT

@OTalk_ @theRCOT Im attending only my second time, but looking forward to it #OTalk



OTalk @OTalk_

RT @OT_rach: I'm coming and I'm a regular, once you get the bug you just can't stop, this year, financing myself, done this once before,...



Bill Wong, OTD, OTR/L @BillWongOT

@OT_rach I get the bug for sure... I am getting better at energy conservation each year considering the volume I put in! #otalk

Gilly- does- Doing @GillyGorry



I'm super excited about #rcot2019 haven't managed to go for a few years. Looking forward to the #cpd overload. #otalk (joining the chat a l sorry) <https://t.co/hhZblV6rza>



OTalk @OTalk_ Youll get the hang of it quickly & hopefully pick up some hints this evening #Otalk



Alicia Ridout @AliciaRidout @OTalk_ @theRCOT Looking forward to it! Lost count how many times....always a great experience 🙌 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT @OTalk_ @SLawsonOT If you are counting AOTA- Ginny Stoffel is at 43! She only missed 1 in her long career. #otalk



Laura Student OT @LAURA59455619 @OT_KateT @OTalk_ @theRCOT Me too! 🙌 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT @GillyGorry I haven't seen you in 4 years! So great to connect again! #otalk



OTalk @OTalk_ These have been similar to others as well. Can your employer support im anyway? Aware its not always the case #Otalk



#Hellomynameis Sarah @SLawsonOT @OT_KateT @OTalk_ @theRCOT There will be lots of people willing to help and point you in the right direction, everyone is very friendly a conference. Look forward to meeting you there #otalk



OTalk @OTalk_ RT @SLawsonOT: @OT_KateT @OTalk_ @theRCOT There will be lots of people willing to help and point you in the right direction, everyc ve...



Bill Wong, OTD, OTR/L @BillWongOT @OT_KateT @OTalk_ @theRCOT One thing I do my best to do- I have more than my share of business cards to give out to people! #otalk



OTalk @OTalk_ Question 2; What are you most looking forward to? Has anything from the programme jumped out at you (whether attending or not) #OTalk #RCOT2019 <https://t.co/YQotri5sDr>



Bill Wong, OTD, OTR/L @BillWongOT @OT_KateT @OTalk_ @theRCOT But had I been a local, having a CV on hand to give out to prospective employers (if you are a student) bad idea. #otalk



Gilly- does- Doing @GillyGorry @BillWongOT Is it really that long?!. Oh my. I feel like I've lost a couple of years somewhere.. #otalk



Rachel Booth @OT_rach @GillyGorry @preston_jenny @OTalk_ I'm sure @Kirstie_OT will help us find some Pokémon whilst at #RCOT2019 #OTalk <https://t.co/jOQSVOBp6>



Kelly M @OTontheTracks @OTalk_ @SLawsonOT @dianecox61 you can beat 11 RCOT conferences can't you? #OTalk



OTalk @OTalk_ Great tip from Bill, having your contact details to hand to carry on conversations after conference #OTalk



Dee @OTinretirement @OTalk_ @theRCOT Every year since 1999 and about & times before that. Presented 7 or 8 times and will be againtbis year. I addicted lo



Bill Wong, OTD, OTR/L @BillWongOT @GillyGorry well- the last RCOT I attended was 2016. #otalk

Dr Jenny Preston MBE @preston_jenny



@BillWongOT @OTalk_ @theRCOT Looking forward to meeting you in person @BillWongOT #OTalk



Kate Tudor @OT_KateT @musedNeuroOT @OTalk_ @theRCOT This was exactly me until this year when it appeared on my doorstep! #OTalk Ps I may be over in this pokemon gif-ing! <https://t.co/bibXXBbbeT>



OTalk @OTalk_ We may have a winner! #OTalk



Suzanne Simpson @SimpsonResearch It's all about social prescribing for me this year! Really interested to hear what other OTs are doing #Otalk



OTalk @OTalk_ @OT_KateT @musedNeuroOT @theRCOT I love it! It does cycle around so can get abit nearer. OI @OTontheTracks is still waiting for Edi lol #Otalk



Kate Tudor @OT_KateT @SLawsonOT @OTalk_ @theRCOT #OTalk <https://t.co/LG8SMEiqz4>



Dee @OTinretirement Aww and I'm a member of Conf Development Team too like @SLawsonOT



Laura Student OT @LAURA59455619 @OTalk_ Everything!! 🙌 need to plan & cut down on things but don't know how 🙄 #OTalk



Kelly M @OTontheTracks Lego Lego Lego!!!! Both for use in practice and as a meaningful occupation! Also looking forward to networking! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT @OTinretirement @OTalk_ @theRCOT I will try to beat Ginny Stoffel's unofficial record in USA. I now have 33 more in a row to go! #otalk



OTalk @OTalk_ Absolutely some great sessions on this & personalisation #Otalk



Kelly M @OTontheTracks RT @OTalk_: @OT_KateT @musedNeuroOT @theRCOT I love it! It does cycle around so can get abit nearer. OI @OTontheTracks is still for...



OTalk @OTalk_ Pacing and fatigue management skills def come into play at conference! #Otalk



Rachel Booth @OT_rach I was looking at the program last night and highlighted a few things. MOHOST Explorer, Framing the canvas: arts and photography as tools wellness in Bermuda, then there's quite a bit on social prescribing which is an area I'm interested in #otalk



Kelly M @OTontheTracks Yes @theRCOT Edinburgh needs a conference back here! #RCOT2019 #OTalk



Aisling Butler @AislingOT @SimpsonResearch yesss! I'm really interested in hearing talks on social prescribing too! #otalk #RCOT2019



Dee @OTinretirement @BillWongOT @OTalk_ @theRCOT Is that all in USA @BillWongOT If I added international cons it would add 8 lol. Not that I'm competitiv honest. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT @OTalk_ Yes- this is even more so with me. This is OT conference #3 for me in 2019! #otalk



OTalk @OTalk_ Im really looking forward to this one. #Otalk <https://t.co/jVxfaJkKvI>



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ But, I have improved from last year. 8 even for me is TOO MUCH! #otalk



Kate Tudor @OT_KateT
@BillWongOT @OTalk_ @theRCOT I love this - all the American podcasters talked about having business cards for AOTA conference. It v NEVER occur to me to have a business card!! Must be a cultural thing??? #OTalk



Rachel Booth @OT_rach
@BillWongOT @OT_KateT @OTalk_ @theRCOT Doesn't really work like that in UK, but asking about their trust if NHS, and getting inside knowledge of what models they use, would be useful. #otalk



Dee @OTinretirement
Glad to hear your joining us though @BillWongOT #OTalk



OTalk @OTalk_
Ding ding.... we def have a winner. No wonder youre on the CDT, sharing all that knowledge & exp #OTalk



Amanda White @ajciliaOT
RT @OTalk_: Question 2; What are you most looking forward to? Has anything from the programme jumped out at you (whether attending



Bill Wong, OTD, OTR/L @BillWongOT
@OTinretirement @OTalk_ @theRCOT yup- she attended 43 AOTA's. I have attended 10 myself- did not miss one since I was a student. #



Gilly- does- Doing @GillyGorry
@OTalk_ I'm looking forward to meeting up with other dedicated OTs and lots of others from the #otalk community. I also can't wait to be wi team altogether for the first time in a while.



Dee @OTinretirement
Ha ha typo 8 not &



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT @OTalk_ @theRCOT There have been places up for grabs through @RCOT_NP @musedNeuroOT in the past. That m been something to consider #OTalk



Amanda White @ajciliaOT
@OTalk_ I'm looking forward to networking and meeting new faces #OTalk



OTalk @OTalk_
@OT_KateT @BillWongOT @theRCOT I presented a poster last year and left a pile of cards near by so people could contact me & ask questions/give feedback. Was really effective #Otalk



MNDANorwichWaveney @MNDANorWave
RT @mndeducation: Are you an #OT? We are hosting a Twitter Chat with #OTalk on 11 June at 8pm to help share best practice and impro under...



Bill Wong, OTD, OTR/L @BillWongOT
@OT_KateT @OTalk_ @theRCOT I bring it because I am an international guest. I do know back in WFOT conferences, people DO exchar business cards. #otalk



OTalk @OTalk_
@GillyGorry Need to pack @GeekyOT in our suitcase! #Otalk



Dee @OTinretirement
Knowing Ginny she wore comfy shoes! It's one of my top tips cos you clock up the miles around the Conf centre #OTalk



Dr Jenny Preston MBE @preston_jenny
@OTalk_ I really like the networking. Also looking forward to hearing @sheena_OT present on her personal cancer journey #OTalk



Gilly- does- Doing @GillyGorry
@OTalk_ I am also going to say the closing plenary. I have consent to share that the speaker is my client. His story is truly inspirational and really proud he will be sharing this with everyone. #otalk



OTalk @OTalk_
Yes! Get in contact with your @theRCOT regions for support in attending conferences & CPD events #OTalk



OTalk @OTalk_

RT @preston_jenny: @OTalk_ I really like the networking. Also looking forward to hearing @sheena_OT present on her personal cancer jo



OTalk @OTalk_

RT @GillyGorry: @OTalk_ I am also going to say the closing plenary. I have consent to share that the speaker is my client. His story is tru..



Rachel Booth @OT_rach

That would be good #otalk



OTalk @OTalk_

@dmyat_ot It can vary depending on submissions (may be impacted by last years joint work with @RCOT_CYPF groups) hopefully you can something in the area tho #Otalk



Kate Tudor @OT_KateT

@BillWongOT @OTalk_ @theRCOT It's a great idea, just wouldn't have occurred to me! Now I'm working out what to put on them and how print..... #OTalk



OTalk @OTalk_

Question 3; What did you enjoy most about the last conference you attended and why? (Any conference, not just @theRCOT ones). #OTalk #RCOT2019 <https://t.co/IG9MHIpAZ0>



Dee @OTinretirement

@OTalk_ It's been a great team to work with and am sad to stand down this year #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

I just did a rough count- #RCOT2019 will be my 45th professional conference in my 10 year career. #otalk



Rachel Booth @OT_rach

RT @GillyGorry: @OTalk_ I am also going to say the closing plenary. I have consent to share that the speaker is my client. His story is tru..



OTalk @OTalk_

I ¹⁰⁰ recommend going to a session thats totally out of your area of practice/interest, you never know whay you might learn but also shows wide & varied our profession really is #OTalk



ed sum 🇪🇺 🇬🇧 🇨🇦 @musedNeuroOT

@OTalk_ I would explore funding opportunities, self-fund and stay with friends etc. as there are limited funds for courses. I also may strugg time away from work as I have other planned leave #OTalk



Rachel Booth @OT_rach

RT @OTalk_: Yes! Get in contact with your @theRCOT regions for support in attending conferences & CPD events #OTalk <https://t.co/ky64>



OTalk @OTalk_

Im sure the team will be sad to see you go as well Dee #Otalk



Dr Jenny Preston MBE @preston_jenny

@dmyat_ot @OTalk_ The programme is always so full it can feel a bit overwhelming sometimes. I always miss sessions that would be of in me #OTalk. I'm going to take time and prepare well in advance this year.



OTalk @OTalk_

@musedNeuroOT Some people do a 50/50 so work pay for ticket and you use leave or the other way. But yes agree, especially in small te can be difficult #Otalk



#Hellomynameis Sarah @SLawsonOT

@OTalk_ @theRCOT And you can also apply to @ElizabethCasso1 for funding #otalk



Suzanne Simpson @SimpsonResearch

I love the energy I can't get enough and just to have the opportunity to listen some truly inspirational OTs @dianecox61 @HearHereNYC @preston_jenny @alisonlaverfaw @jarviskathryn1 have been some of my highlights at conferences #OTalk



OTalk @OTalk_

#OTalk

Bill Wong, OTD, OTR/L @BillWongOT



@GillyGorry @OTalk_ I remembered the closing plenary a few years ago. I got to connect with the speaker and met her up last year during cameo in London as my pit stop from WFOT last year. #otalk



ed sum 🇧🇷❤🇺🇲 @musedNeuroOT
@preston_jenny @OTalk_ @theRCOT @RCOT_NP I get a lot of other benefits through @RCOT_NP so happy to let others take advantage; I certainly got that opportunity to attend the Belfast conference #OTalk



Kate Tudor @OT_KateT
@OTalk_ I haven't dared look through the program yet because I think I need to work out a colour coded, interest and priority rating system #OTalk <https://t.co/L8bljKnJMo>



OTalk @OTalk_
Another handy funding tip! #OTalk



#Hellomynameis Sarah @SLawsonOT
RT @OTalk_: I ¹⁰⁰ recommend going to a session thats totally out of your area of practice/interest, you never know whay you might learn b



OTalk @OTalk_
How many of us say that every year 😊 #Otalk



Dee @OTinretirement
@OTalk_ I agree but take that learning back to your work place. Maybe see if there is one thing from that you can integrate into practice. #



Rachel Booth @OT_rach
Last conference was #theOTshow where @OTalk_ had a stall so spend most of my time, on that, #RCOT2018 other then hanging out with #OTalk crew, finding things that challenge my thinking, gives me new ideas, and motivation to make changes.



Dr Jenny Preston MBE @preston_jenny
@OTinretirement @OTalk_ Looks like there will be big changes next year re conference following the announcement today by @theRCOT. Whatever will you do with your spare time @OTinretirement @ElizabethCasso1 #OTalk



Kelly M @OTontheTracks
RT @OTinretirement: @OTalk_ I agree but take that learning back to your work place. Maybe see if there is one thing from that you can int



#Hellomynameis Sarah @SLawsonOT
@OTalk_ We certainly will #otalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ I will probably say that x 100 given the volume I put in. 2016 was insane for me- because that year was the back end of my back with COTEC 2016. #otalk



OTalk @OTalk_
Sadly @OTontheTracks & i have colour coded timetables every year including back up sessions incase we wouldnt get into our first choice:



Suzanne Simpson @SimpsonResearch
RT @OTalk_: I ¹⁰⁰ recommend going to a session thats totally out of your area of practice/interest, you never know whay you might learn b



OTalk @OTalk_
RT @OTinretirement: @OTalk_ I agree but take that learning back to your work place. Maybe see if there is one thing from that you can int



OTalk @OTalk_
RT @OT_rach: Last conference was #theOTshow where @OTalk_ had a stall so spend most of my time, on that, #RCOT2018 other then h out w...



Bill Wong, OTD, OTR/L @BillWongOT
@preston_jenny @OTinretirement @OTalk_ @theRCOT @ElizabethCasso1 Oh wow! You guys are constantly changing! #otalk



Dee @OTinretirement
WFOT in Cape Town - networking with the world and meeting up with old colleagues that I only ever see at international conferences. So r learn. and I got to see elephants 🐘 #OTalk

OTalk @OTalk_
Question 4; First time attendees, how are you feeling about attending for the first time? Is there anything that you would like to ask or know



#RCOT2019 <https://t.co/dzt2qONKrC>



Clarissa @GeekyOT

@OTalk_ @GillyGorry Gutted not to be there with you guys!! ❤️ have an amazing time #OTalk #OTalkOnTour <https://t.co/ZhCIL2vclg>



#Hellomynameis Sarah @SLawsonOT

@OTalk_ @OTontheTracks Nothing sad about that 😊, organised and making the most of the rich learning opportunities on offer #otalk but allow free time for reflection, networking and to recharge your batteries



Bill Wong, OTD, OTR/L @BillWongOT

@jamieson2015 @OT_KateT @OTalk_ @theRCOT AOTA is like that for me. I am trying to check dates with RCOT, CAOT, WFOT, COTEC Australia to make sure I have enough space to breathe! I conferenced out at times if I don't do proper spacing with my schedule. #otalk



Dr Jenny Preston MBE @preston_jenny

@SimpsonResearch @dianecox61 @HearHereNYC @alisonlaverfaw @jarviskathryn1 Thank you @SimpsonResearch that's really kind. I' big gig this year at conference, @RobTheOT and me are taking on the mighty @AvrilDrummond1 and @natlouj in the debate. Yikes!! @the #OTalk



Gilly- does- Doing @GillyGorry

@GeekyOT @OTalk_ We will miss you! (I actually miss you already though) #otalk



Suzanne Simpson @SimpsonResearch

#OTalk



Rachel Booth @OT_rach

@OTalk_ Me, and somehow I always abandon the plan!! And always find something interesting. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@GeekyOT @OTalk_ @GillyGorry Well... I guess it will be a few more years until I see you again then... unless you make a trip across the before that. #otalk



Dee @OTinretirement

@preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 Garden travel and theatre to name a few. Looking forward to joining Eluzabeth as chair They are holding a networking event at this years Conf in Birmingham. Come and join us #OTalk



OTalk @OTalk_

We like to brand it a "mooch time". #OTalk



OTalk @OTalk_

RT @SLawsonOT: @OTalk_ @OTontheTracks Nothing sad about that 😊, organised and making the most of the rich learning opportunities #...



OTalk @OTalk_

@GillyGorry @GeekyOT I second that! ❤️ #OTalk



OTalk @OTalk_

RT @OT_rach: @OTalk_ Me, and somehow I always abandon the plan!! And always find something interesting. #otalk



Rachel Booth @OT_rach

RT @OTalk_: Question 4; First time attendees, how are you feeling about attending for the first time? Is there anything that you would like..



Suzanne Simpson @SimpsonResearch

@preston_jenny @dianecox61 @HearHereNYC @alisonlaverfaw @jarviskathryn1 @RobTheOT @AvrilDrummond1 @natlouj @theRCOT get in the room in 2017, hopefully I'll get to see/hear it this time! Good luck! #otalk



Dr Jenny Preston MBE @preston_jenny

@OTinretirement @OTalk_ @theRCOT @ElizabethCasso1 I'll be there, sounds very interesting #OTalk



OTalk @OTalk_

RT @OTinretirement: @preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 Garden travel and theatre to name a few. Looking forward joining E...



Bill Wong, OTD, OTR/L @BillWongOT

@SLawsonOT @OTalk_ @OTontheTracks I actually like that aspect from conferences like RCOT, CAOT, OT Australia over AOTA. I need to not have huge social demands whenever I come! #otalk



OTalk @OTalk_

#OTalk



ed sum 🇧🇷 🇨🇦 🇺🇸 @musedNeuroOT

@OTalk_ @theRCOT Networking with like-minded people (and hopefully leading to more opportunities for Occupational Therapy students) occasional "ooh, that's REALLY interesting..." moments #OTalk



OTalk @OTalk_

Dont forget to include the #OTalk hastag in all your tweets folks <https://t.co/uaSSNLfgyA>



Suzanne Simpson @SimpsonResearch

@SLawsonOT @OTalk_ @OTontheTracks Absolutely I wanted to do so much but realised quickly you need to plan in time to stop, think and recharge! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTinretirement @preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 you can count on me being there! #otalk



Nazim Bhatti @Air_Tatsumaki

RT @WinstonSpeaker: Sharing tips to overcome stress in the workplace. Thank you for the invitation @DNVOracle @OracleHCM @UNLEASHgroup #O...



Teresa Buchan @teresa_buchan

@OTalk_ @theRCOT My last conference was the RCN Education conference in March. As an OT it was great to hear and learn from the n profession but share our experiences too. It's important to share learning not only from and between our own profession. Presented at RCN too. #OTalk



OTalk @OTalk_

Love those moments. #OTalk



#Hellomynameis Sarah @SLawsonOT

@OTinretirement @preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 There are so many great fringe, networking events all on at the time ... So, Tell me about your research is another - occupational therapists presenting their research in 3 minutes in as a creative a way as - no powerpoint allowed #otalk



Suzanne Simpson @SimpsonResearch

RT @SLawsonOT: @OTinretirement @preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 There are so many great fringe, networking all on at...



Kate Tudor @OT_KateT

@OTalk_ @OTontheTracks Nothing sad here. The more colour coding in life the better! #OTalk



Dr Jenny Preston MBE @preston_jenny

@SimpsonResearch @dianecox61 @HearHereNYC @alisonlaverfaw @jarviskathryn1 @RobTheOT @AvriilDrummond1 @natlouis @theRCOT had a lot of fun last year @dianecox61 and we won 🥳🥳. Hopefully that's not an omen for this year 🙄 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@musedNeuroOT @OTalk_ @theRCOT I make myself attend these conferences because I know I in a sense am speaking for our #actual colleagues who don't have the opportunities to not only attend, but also share their ideas. #otalk



Dai Davies @Dai2584

@OTalk_ #otalk I really enjoyed the the opening speaker in Glasgow a couple years ago on public health. That was really interesting



#Hellomynameis Sarah @SLawsonOT

RT @SimpsonResearch: @SLawsonOT @OTalk_ @OTontheTracks Absolutely I wanted to do so much but realised quickly you need to plan in time to stop, think and recharge! #OTalk



OTalk @OTalk_

And keep some time to just sit & talk to people. Hard to do when youre dashing around. Which was me last year, a poster 2x social media stand with @theRCOT, regional stand & #OTalk bits, i def lost out on the talking & sharing.



Dr Jenny Preston MBE @preston_jenny

@OTinretirement @OTalk_ @theRCOT @ElizabethCasso1 Absolutely @OTinretirement. I'm coming down on Sunday afternoon so let's meet

plans #OTalk



OTalk @OTalk_
Yes! #OTalk multi professional sharing is a vital tool #OTalk



Teresa Buchan @teresa_buchan
@OTalk_ Im not a first time attendee but i have attended alone and that can be isolating. It doesn't take much for someone to make a conn then those friendly faces pass each other in sessions, friends are made this easy.#OTalk



OTalk @OTalk_
RT @SLawsonOT: @OTinretirement @preston_jenny @OTalk_ @theRCOT @ElizabethCasso1 There are so many great fringe, networkir all on at...



Bill Wong, OTD, OTR/L @BillWongOT
@teresa_buchan @OTalk_ @theRCOT My only conference outside of OT I attended was CADRRE conference last August. It was cool to experts from different disciplines related to autism, even though I don't work in this population any more (though I still contribute to OT on th as a service user) #otalk



Bill Wong, OTD, OTR/L @BillWongOT
@ajciliaOT @OTalk_ @theRCOT I know quite a bit of the #otalk regulars already... so if you see me with one of them, jump in!



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT 😂😂😂😂😂. You imagine correctly @musedNeuroOT. I just hope @AvrilDrummond1 is not tuning in tonight #OTalk



OTalk @OTalk_
♥ as a profession we OTs are a friendly bunch, be sure to stop, smile & say hello! #Otalk



#Hellomynameis Sarah @SLawsonOT
RT @teresa_buchan: @OTalk_ Im not a first time attendee but i have attended alone and that can be isolating. It doesn't take much for sor



Bill Wong, OTD, OTR/L @BillWongOT
@teresa_buchan @OTalk_ I attend alone a lot of times. However, you guys always seem to find me... lol! #otalk



OTalk @OTalk_
Question 5; For regular conference goers, what are your top tips for first attending conference? Where there any "light bulb" moments from time? #OTalk #RCOT2019 <https://t.co/xnsxx54nAT>



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ @theRCOT Unlike AOTA conference, I like that you got time to talk to people not only at lunch, but also during tea breaks. #otalk



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT @AvrilDrummond1 You'll just have to wait and see 😂😂 @musedNeuroOT #OTalk



Amanda White @ajciliaOT
RT @OTalk_: Question 4; First time attendees, how are you feeling about attending for the first time? Is there anything that you would like..



Bill Wong, OTD, OTR/L @BillWongOT
@ajciliaOT @OTalk_ @theRCOT I will definitely be there. I am going to be there the day before. #otalk



OTalk @OTalk_
RT @SimpsonResearch: I love the energy I can't get enough and just to have the oppportunity to listen some truly inspirational OTs @diane



Student Platform OT @SPOTeurope
RT @SLawsonOT: #OTalk tonight 8pm get ready for #RCOT2019 If you've never been to conference before ask your questions tonight, if y have...



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ Don't get awe struck when you meet people you dream of meeting! Just approach them like anybody else. #otalk



Amanda White @ajciliaOT
@BillWongOT @OTalk_ @theRCOT #OTalk great see you there!



Dee @OTinretirement
@teresa_buchan @OTalk_ If you get really stuck you can always seek out one if the conference Development Team as we are always hap and help. Like wise staff in the RCOT stand. There's a chill out zone too where you can hook up with others. @teresa_buchan #OTalk



Student Platform OT @SPOTEurope
RT @OTalk_: Great tip from Bill, having your contact details to hand to carry on conversations after conference #OTalk <https://t.co/JCu3cF7>



OTalk @OTalk_
@preston_jenny @musedNeuroOT @AvrilDrummond1 its not pokemon related, but its how i imagine it "going down" haha #Otalk <https://t.co/5LEmJyCwP2>



Dai Davies @Dai2584
@OTalk_ #otalk make the most of the networking. Chat to everyone you can!!



Bill Wong, OTD, OTR/L @BillWongOT
RT @OTinretirement: @teresa_buchan @OTalk_ If you get really stuck you can always seek out one if the conference Development Team are...



#Hellomynameis Sarah @SLawsonOT
@OTalk_ Spend some time getting to understand the timetable/programme before arriving, go to sessions that are about areas which are r you, speak to everyone especially when you are in a queue - make the most of being with so many people who know what being an OT is ;



OTalk @OTalk_
Hunt down the #OTalk team, not so much a pack as a gaggle of birds lol.



#Hellomynameis Sarah @SLawsonOT
RT @Dai2584: @OTalk_ #otalk make the most of the networking. Chat to everyone you can!!



Bill Wong, OTD, OTR/L @BillWongOT
@OTinretirement @teresa_buchan @OTalk_ at least the exhibit hall is a lot more easier to navigate than AOTA! :) #otalk



#Hellomynameis Sarah @SLawsonOT
RT @OTinretirement: @teresa_buchan @OTalk_ If you get really stuck you can always seek out one if the conference Development Team are...



Dr Jenny Preston MBE @preston_jenny
@OTalk_ Don't be afraid to approach the presenters afterwards. They will appreciate you taking the time, especially if you have an interest work #OTalk



Suzanne Simpson @SimpsonResearch
@BillWongOT @OTalk_ This is totally me and I worry I can't match people to their twitter photo correctly too!! #otalk



Bill Wong, OTD, OTR/L @BillWongOT
@Dai2584 @OTalk_ I learned this from AOTA conference- you never know if you meet somebody you want to collaborate with in the future



Teresa Buchan @teresa_buchan
@OTalk_ Don't think that what being presented is beyond you, there are always little nuggets of knowledge that surprise you. Sometimes y the 'we do that' moment that validates what you do in practice. Have an open mind, take time to absorb, to connect and enjoy! #OTalk



#Hellomynameis Sarah @SLawsonOT
RT @preston_jenny: @OTalk_ Don't be afraid to approach the presenters afterwards. They will appreciate you taking the time, especially if



Rachel Booth @OT_rach
Pace your self, it's ok to take a break. Lots of light bulbs moments, once in Brighton a presentation about a garden group, made me rethink change ours. Most of all have fun!!! #OTalk



OTalk @OTalk_
I still remember the panic when @ClareTaylorBU walked into my presi at student conference. Id spent the previous 6 months with her book nightstand. Even more scary when she came up to talk to me 😬 #Otalk



Dr Jenny Preston MBE @preston_jenny
@OTalk_ @musedNeuroOT @AvrilDrummond1 And here's me trying to keep this chat professional. Think I'm failing miserably tonight 😬😬

#Hellomynameis Sarah @SLawsonOT



RT @teresa_buchan: @OTalk_ Don't think that what being presented is beyond you, there are always little nuggets of knowledge that surp



OTalk @OTalk_
RT @OTinretirement: @teresa_buchan @OTalk_ If you get really stuck you can always seek out one if the conference Development Team are...



Bill Wong, OTD, OTR/L @BillWongOT
I think my game plan at #rcot2019 will be wearing a different OT T-shirt every day! #otalk



OTalk @OTalk_
RT @SLawsonOT: @OTalk_ Spend some time getting to understand the timetable/programme before arriving, go to sessions that are abo w...



Dr Lynne Goodacre @LynneGoodacre
I realise this may be controversial on a twitter talk but Ditch the technology & be curious, talk to the person sitting next to you who you've met before, you have so much in common to share #Otalk



#Hellomynameis Sarah @SLawsonOT
RT @OT_rach: Pace your self, it's ok to take a break. Lots of light bulbs moments, once in Brighton a presentation about a garden group...



OTalk @OTalk_
Be sure to write your twitter handles on your conference badge! #Otalk



OTalk @OTalk_
RT @teresa_buchan: @OTalk_ Don't think that what being presented is beyond you, there are always little nuggets of knowledge that surp



Bill Wong, OTD, OTR/L @BillWongOT
@teresa_buchan @OTalk_ and also, sometimes if you have valuable two cents, share them with the presenters! I do that A LOT in the US. #autism posters. #otalk



OTalk @OTalk_
RT @OT_rach: Pace your self, it's ok to take a break. Lots of light bulbs moments, once in Brighton a presentation about a garden group...



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT Ah but you will see!! I seem to recall you finding it on YouTube last year @musedNeuroOT 🙄 #OTalk



OTalk @OTalk_
@preston_jenny @musedNeuroOT @AvrilDrummond1 I think i may have started this 🙄 #oTalk



#Hellomynameis Sarah @SLawsonOT
RT @LynneGoodacre: I realise this may be controversial on a twitter talk but Ditch the technology & be curious, talk to the person s...



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ @ClareTaylorBU Last year I did that with Helene Polatajko at CAOT. We had a laugh that I sat behind her at the previous year's conference but we never had an opportunity to chat. #otalk



OTalk @OTalk_
A very fair point and a great way to make the most of coffee breaks as well #OTalk



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT @OTalk_ @AvrilDrummond1 Do you think it is too late to pull out 🙄🙄 #OTalk



Dee @OTinretirement
She's not scared at all @OTalk_ lol and is a member of Conf Development Team so will be in Birmingham. She has a great presentatic CDT with a colleague on preparing abstracts. Plus a couple OF HEF OWN.



OTalk @OTalk_
For some further tips & advise from other newbies, why not check out this great Friendly Guide from @LynneGoodacre. #OTalk #RCOT201

Laura Student OT @LAURA59455619
@OTalk_ The guide you posted was really handy 👍 I'm more concerned about being overwhelmed/feeling a bit out of place as a student.



Surrounded by qualified OTs who all have specific/detailed knowledge whereas my knowledge (so far) is blanketed over various areas of p
#OTalk



Sophie is my name. @ciderwithsophie
Im not going to #RCOT and have never been 🙄, combo of annual leave/school holiday balance/cost/distance from home make it
<https://t.co/r1OvNv35Yy> feeling sad after the announcement earlier today. Interested to see what happens! #OTalk



Student Platform OT @SPOTEurope
RT @OTalk_: For some further tips & advise from other newbies, why not check out this great Friendly Guide from @LynneGoodacre. #OT:
#RCO...



Teresa Buchan @teresa_buchan
@BillWongOT @OTalk_ Absolutely, and making best use of social times makes everyone on a equal level. Everyone is an OT doesn't matt
presenter, on council or in practice #OTalk



Dr Jenny Preston MBE @preston_jenny
RT @OTalk_: For some further tips & advise from other newbies, why not check out this great Friendly Guide from @LynneGoodacre. #OT:
#RCO...



Dai Davies @Dai2584
#otalk I would say this but come and have a chat to the RCOT staff. I particularly enjoyed that last year.



OTalk @OTalk_
@OTinretirement Lol nope shes not scary at all, but i was petrified! 🙄 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ @ClareTaylorBU My ultimate panic moment has to go back in 2014 at AOTA. I had both Amy Lamb and Ginny Stoffel in attendar
Sunday presentation AND they constantly asked me questions! Coming out of that, though, I actually have more belief in myself as a prese
#otalk



Student Platform OT @SPOTEurope
RT @OTalk_: A very fair point and a great way to make the most of coffee breaks as well #OTalk <https://t.co/rLQyDvEwn8>



Amanda White @ajciliaOT
@OTalk_ @LynneGoodacre I've downloaded this - it looks great and is on my list to do! #OTalk



Dee @OTinretirement
RT @OT_rach: Pace your self, it's ok to take a break. Lots of light bulbs moments, once in Brighton a presentation about a garden group...



Teresa Buchan @teresa_buchan
@OTalk_ Fab idea. Im so bad at forgetting to tag people and the hashtags! But ive connected with so many people through twitter #OTalk



OTalk @OTalk_
There will be plenty of other students there, we are all there to learn & share. Even once qualified there is still so much to explore so please
worry #Otalk



Dr Lynne Goodacre @LynneGoodacre
here's the link folks <https://t.co/H443dAYSAP> Friendly guide to attending your first conference written by OTs informed by their experience



OTalk @OTalk_
#Otalk



Amanda White @ajciliaOT
@LynneGoodacre @SLawsonOT Great advice !! #OTalk



Dr Jenny Preston MBE @preston_jenny
@musedNeuroOT Can't see that working somehow @musedNeuroOT #OTalk



#Hellomynameis Sarah @SLawsonOT
RT @OTalk_: #Otalk <https://t.co/CRU0U2chRU>

Aisling Butler @AislingOT



@LAURA59455619 @OTalk_ The guide?! I'd like to see this if it's floating around on Twitter! Also you're exactly where you're meant to be- the conference can be an incredibly inspiring place for a student to think about what they want out of their future career! #OTalk



Student Platform OT @SPOTEurope
RT @OTalk_: #Otalk <https://t.co/CRUOU2chRU>



OTalk @OTalk_
Be sure to stop by & support @Em_Warby & her poster #Otalk



OTalk @OTalk_
@dmay_ot @SimpsonResearch @BillWongOT A little less hairy perhaps? Lol #Otalk



OTalk @OTalk_
There is also a great resource from @SLawsonOT to help you make the most of your learning & #CPD whilst at conference. #OTalk #RCO



Bill Wong, OTD, OTR/L @BillWongOT
@dmay_ot @SimpsonResearch @OTalk_ haha! I think I will have that problem x 100 again... because I meet so many people. #otalk



Student Platform OT @SPOTEurope
RT @OTalk_: There is also a great resource from @SLawsonOT to help you make the most of your learning & #CPD whilst at conference. #...



Sophie is my name. @ciderwithsophie
@OTalk_ God yes!! Really hoping I can find this online after! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@AislingOT @LAURA59455619 @OTalk_ actually- seeing tweets a few years prior to my first one made me thought, "I will make it to that day. I can't do it every year, but I will try to see if my schedule allows it." #otalk



OTalk @OTalk_
@LynneGoodacre @AislingOT #Otalk



#Hellomynameis Sarah @SLawsonOT
Here's the link to the interactive version of CPD Bingo to help you make the most from attending #RCOT2019 #OTalk <https://t.co/y8FRMLU>



OTalk @OTalk_
RT @SLawsonOT: Here's the link to the interactive version of CPD Bingo to help you make the most from attending #RCOT2019 #OTalk h



Teresa Buchan @teresa_buchan
@LAURA59455619 @OTalk_ There are often a great network of students at conference, you won't feel out of place. Conference is great to get an overarching view of practice, not everyone is thinking specifics. Its good tip go with an open mind. We are all a sponge ready to absorb know
#OTalk



#Hellomynameis Sarah @SLawsonOT
RT @OTalk_: There is also a great resource from @SLawsonOT to help you make the most of your learning & #CPD whilst at conference. #...



Bríd Dunne @BridDunneOT
@OTalk_ Go to one session completely outside your area of interest - pick a session and give it a go. I ALWAYS learn something unexpected
#OTalk



#Hellomynameis Sarah @SLawsonOT
For those attending @theRCOT #RCOT2019 to help make the most out of your attendance there is CPD Bingo it includes some of the tips from tonight's #otalk and more to make the most of the opportunities for your CPD <https://t.co/y8FRMLDbpe>



ed sum @musedNeuroOT
@LAURA59455619 @OTalk_ No need to overthink it, us 'qualifieds' welcome students. Yeah, there's always some Occupational Therapist knows more than the rest of us in a specialist topic but you will find we don't know a lot about everything! Isn't there usually a student get to
#OTalk



OTalk @OTalk_
Any lassy tips or thoughts before we wrap up... we also have a wee #OTalk announcement to make as well <https://t.co/hJnrOLKIUJ>



OTalk @OTalk_

RT @teresa_buchan: @LAURA59455619 @OTalk_ There are often a great network of students at conference, you won't feel out of place. Conferen...



OTalk @OTalk_

RT @BridDunneOT: @OTalk_ Go to one session completely outside your area of interest - pick a session and give it a go. I ALWAYS learn



OTalk @OTalk_

RT @musedNeuroOT: @LAURA59455619 @OTalk_ No need to overthink it, us 'qualifieds' welcome students. Yeah, there's always some Occupational...



Dr Jenny Preston MBE @preston_jenny

@OTalk_ @ClareTaylorBU I remember a similar situation when I presented some work from my PhD and @SusanForwell Chair of CAOT approached me. I was in awe #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@BridDunneOT @OTalk_ I do that with international conferences more than my own in USA. Partly is for networking, partly is for me to gain knowledge for sure! #otalk



Student Platform OT @SPOTEurope

RT @BridDunneOT: @OTalk_ Go to one session completely outside your area of interest - pick a session and give it a go. I ALWAYS learn



Alicia Ridout @AliciaRidout

RT @SLawsonOT: Here's the link to the interactive version of CPD Bingo to help you make the most from attending #RCOT2019 #OTalk h



OTalk @OTalk_

@preston_jenny @ClareTaylorBU @SusanForwell Totally. Such an overwhelming but incredible exp #Otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ One thing I noticed that is different from USA- I won't mind not dressing business professional. Learned that from the Brighton on 2016. #otalk



Amanda White @ajciliaOT

RT @SLawsonOT: For those attending @theRCOT #RCOT2019 to help make the most out of your attendance there is CPD Bingo it includes t...



Rachel Booth @OT_rach

@OTalk_ Set up a WhatsApp group with people you know that are going, so you can find each other!! #otalk <https://t.co/DcxPkvzJZ3>



Dr Jenny Preston MBE @preston_jenny

@OTinretirement @OTalk_ @teresa_buchan The Specialist Section Zone is always a safe place with lots of chat too @RCOT_Louise #OT



OTalk @OTalk_

@LAURA59455619 @musedNeuroOT Last few years there was a fringe event for students and once for first time goers. Check out the pro usually in the black boxes at the end of the days listings #Otalk



Student Platform OT @SPOTEurope

RT @OTalk_: Be sure to stop by & support @Em_Warby & her poster #Otalk <https://t.co/A0G6nL1oF5>



Alicia Ridout @AliciaRidout

RT @BridDunneOT: @OTalk_ Go to one session completely outside your area of interest - pick a session and give it a go. I ALWAYS learn



OTalk @OTalk_

RT @OT_rach: @OTalk_ Set up a WhatsApp group with people you know that are going, so you can find each other!! #otalk <https://t.co/Dc>



OTalk @OTalk_

RT @preston_jenny: @OTinretirement @OTalk_ @teresa_buchan The Specialist Section Zone is always a safe place with lots of chat too @RCOT_Lo...



OTalk @OTalk_

This great idea from @SLawsonOT inspired us here at #OTalk, so much so we have made our own with a social media twist! #RCOT2019



Teresa Buchan @teresa_buchan

@OTalk_ You are never alone in the OT family. Get connected stay connected #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ and for someone like me, DO homework on weather report! I am not too used to UK weather... lol! #otalk



OTalk @OTalk_

Drum Roll... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope it will connect share some insights with those who cannot attend. #OTalk <https://t.co/CFNzBMVNny>



OTalk @OTalk_

RT @teresa_buchan: @OTalk_ You are never alone in the OT family. Get connected stay connected #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OT_rach @OTalk_ if you guys want me to join, I will do so! #otalk



Rachel Booth @OT_rach

Planning on looking at this. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTalk_: *Drum Roll*... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope



#Hellomynameis Sarah @SLawsonOT

RT @BridDunneOT: @OTalk_ Go to one session completely outside your area of interest - pick a session and give it a go. I ALWAYS learn



OTalk @OTalk_

Also a little reminder about our pre #RCOT2019 get together. If you are attending on your own (or not) its a great chance to meet some people to the conference, grab some food & relax before a busy few days. #OTalk #OTalkonTour <https://t.co/Y5QpeQeT2J>



Rachel Booth @OT_rach

Join in the fun #otalk #RCOT2019



Kelly M @OTontheTracks

RT @OTalk_: *Drum Roll*... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope



OTalk @OTalk_

RT @OT_rach: Join in the fun #otalk #RCOT2019 <https://t.co/424ZLuExCQ>



Kelly M @OTontheTracks

RT @OTalk_: Also a little reminder about our pre #RCOT2019 get together. If you are attending on your own (or not) its a great chance to



Suzanne Simpson @SimpsonResearch

RT @OTalk_: *Drum Roll*... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope



Bill Wong, OTD, OTR/L @BillWongOT

@teresa_buchan @OTalk_ For sure- I was surprised by the social attention I get for an international guest. I think I had 50-75 people want to me on average in the 2 I attended. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTalk_: Also a little reminder about our pre #RCOT2019 get together. If you are attending on your own (or not) its a great chance to



deb_OT @dmay_ot

@OT_rach @OTalk_ Or even a WhatsApp group for people you don't - especially if you don't know many people there! #otalk



Amanda White @ajciliaOT

RT @OT_rach: Join in the fun #otalk #RCOT2019 <https://t.co/424ZLuExCQ>



Rachel Booth @OT_rach

Come and join us for dinner #otalk



RCOT Branches Manager @RCOT_Louise

Yes do please come and see us! Say hello! We would love to meet all delegates! @OTalk_



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ I will have that circled and highlighted! I will make sure I have my Sunday brunch earlier! #otalk



#Hellomynameis Sarah @SLawsonOT

@OTalk_ Yeah, glad to hear it has inspired the #otalk team



Rachel Booth @OT_rach

#OTalk



Bill Wong, OTD, OTR/L @BillWongOT

See you guys at conference, or that dinner! But anyways... looking forward to next week. #otalk



OTalk @OTalk_

Well thats its for tonights #OTalk chat. Thank you everyone for your participation & sharing, we hope you found it useful & we look forward to you all at #RCOT2019! I (@Kirstie_OT) shall be on the @OTalk_ account alittle longer so feel free to keep tweeting! <https://t.co/dJ9T8sARL>



#Hellomynameis Sarah @SLawsonOT

RT @OTalk_: *Drum Roll*... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope



Rachel Booth @OT_rach

RT @OTalk_: Well thats its for tonights #OTalk chat. Thank you everyone for your participation & sharing, we hope you found it useful & we



Student Platform OT @SPOTEurope

RT @OT_rach: Come and join us for dinner #otalk <https://t.co/qgBSwwKXMY>



Teresa Buchan @teresa_buchan

RT @OT_rach: Join in the fun #otalk #RCOT2019 <https://t.co/424ZLuExCQ>



deb_OT @dmay_ot

@OT_rach Love it; but ~2 is a bit scary - I can see if being followed very closely by "fantastic, would you like to host it?"... #otalk



Dr Jenny Preston MBE @preston_jenny

@sheena_OT @OTalk_ Absolutely no pressure at all @sheena_OT you will be brilliant #OTalk



Amanda White @ajciliaOT

@OT_rach #otalk now this will be a challenge as my Twitter skills are still in development mode !!! Getting better with a little help from friends @OTinretirement



Rachel Booth @OT_rach

#otalk



Kate Tudor @OT_KateT

@BillWongOT @OTalk_ Save time, plan for drizzle! #OTalk #BrumWeather



Amanda White @ajciliaOT

RT @OT_rach: Going to this years #RCOT2019 @theRCOT conference? Arriving on the Sunday evening? Come and Join the #OTalk team... ht...



OTalk @OTalk_

Are you attending @theRCOT conference? Then check out the #RCOT2019 activities from the #OTalk Crew. We shall be kicking off with a dinner & meet up the evening before & then alittle bit of fun over the two days with our #OTalkonTour Bingo Challenge 🍷 <https://t.co/xB5N>



Amanda White @ajciliaOT

RT @OTalk_: Well thats its for tonights #OTalk chat. Thank you everyone for your participation & sharing, we hope you found it useful & we



Dr Jenny Preston MBE @preston_jenny

RT @OTalk_: *Drum Roll*... announcing our #OTalkonTour #RCOT2019 Bingo Challenge! Its a little bit of conference fun, but we also hope



ed sum 🇮🇪 🇬🇧 🇨🇪 @musedNeuroOT

@LAURA59455619 @dmay_ot @OTalk_ @CovUniOT @DerbyOTSociety may have a large contingent of students attending #OTalk



OTalk @OTalk_

RT @musedNeuroOT: @LAURA59455619 @dmay_ot @OTalk_ @CovUniOT @DerbyOTSociety may have a large contingent of students #OTalk



Dr Jenny Preston MBE @preston_jenny

RT @OTalk_: Also a little reminder about our pre #RCOT2019 get together. If you are attending on your own (or not) its a great chance to r



Student Platform OT @SPOTEurope

RT @OTalk_: Are you attending @theRCOT conference? Then check out the #RCOT2019 activities from the #OTalk Crew. We shall be kic wi...



deb_OT @dmay_ot

@OT_rach I would love to join you but I can't come until Monday morning. I'm away for the weekend and the kids would change the locks c away Fri-Sun AND Sun-Tues! #otalk



Laura Student OT @LAURA59455619

RT @OTalk_: Are you attending @theRCOT conference? Then check out the #RCOT2019 activities from the #OTalk Crew. We shall be kic wi...



OTalk @OTalk_

Thank you all for letting me indulge my nerdy side this evening with an abundance of #Pokemon GIFS & well played to those who joined in https://t.co/NdNful3BHK



RCOT Branches Manager @RCOT_Louise

My top tips: Takeribbon, highlighter or marker for your delegate bag as there are 100s the same and conference programme! Look at the co programme! Be familiar with it! Always attend the plenary session and Casson Lecture! attend something you are not familiar with! @OTalk_



OTalk @OTalk_

#OTalk



Dr Jenny Preston MBE @preston_jenny

@sheena_OT @OTalk_ Can't wait to catch up and share some stories #OTalk



OTalk @OTalk_

#Otalk



RCOT Branches Manager @RCOT_Louise

Play hard work hard ! #opportunitiesnetworkinglearning @OTalk_ #OTalk



Georgia Fair @Georgia_Fair

@BillWongOT @OTalk_ #OTalk write your Twitter @name on your name badge 😊



Amanda White @ajciliaOT

@OTalk_ @OT_rach @Kirstie_OT Oops I forgot the #OTalk !!! See I said I'm a novice 😞



RCOT Branches Manager @RCOT_Louise

RT @SimpsonResearch: This is only my second time at conference. Before engaging in research I'd never been as I didn't think it was wor



Dr Jenny Preston MBE @preston_jenny

@OTalk_ Thank you for the inspiration #OTalk and apologies for being so mischievous tonight!



OTalk @OTalk_

@SLawsonOT For sure. Looking forward to a catch up! #OTalk #RCOT2019



Amanda White @ajciliaOT

RT @LynneGoodacre: here's the link folks https://t.co/H443dAYSAP Friendly guide to attending your first conference written by OTs inform



deb_OT @dmay_ot

#otalk #RCOT2019 Anyone fancy a Tuesday morning run?

OTalk @OTalk_



RT @Georgia_Fair: @BillWongOT @OTalk_ #OTalk write your Twitter @name on your name badge 😊



Bill Wong, OTD, OTR/L @BillWongOT
RT @Georgia_Fair: @BillWongOT @OTalk_ #OTalk write your Twitter @name on your name badge 😊



OTalk @OTalk_
@preston_jenny No apologies required here Jenny! Thanks for joining us #Otalk



D.O.T.S @DerbyOTSociety
RT @musedNeuroOT: @LAURA59455619 @dmay_ot @OTalk_ @CovUniOT @DerbyOTSociety may have a large contingent of students #OTalk



RCOT Branches Manager @RCOT_Louise
The last session is one of the most powerful and have had some of my greatest learning and reflection! Do stay for this session if you can't do so you will be missing out! #OTalk @OTalk_



OTalk @OTalk_
RT @RCOT_Louise: The last session is one of the most powerful and have had some of my greatest learning and reflection! Do stay for th



RCOT Branches Manager @RCOT_Louise
RT @OT_rach: Pace your self, it's ok to take a break. Lots of light bulbs moments, once in Brighton a presentation about a garden group...



Dee @OTinretirement
Go @ajciliaOT Mark conference by doing this



Dr Jenny Preston MBE @preston_jenny
@OTalk_ Looking forward to networking with everyone at conference #OTalk. See you all in 20 days 👍



RCOT Branches Manager @RCOT_Louise
Me too! Pop and say hi at the @theRCOT stand and the Specialist Sections Zone!



OTalk @OTalk_
A rather unique offer from Deb! Any takers? I shall def be leaving my runners at home 😊 #OTalk #RCOT2019



Teresa Buchan @teresa_buchan
@OTalk_ I might just print it out and put it in my badge lanyard as a reminder of what i have to do #OTalk #notcompetitiveatall #ChallengeA



Kate Tudor @OT_KateT
@OTalk_ Any #OTalk chat suggestions should now be expected to come with a gif theme! <https://t.co/7NsUyUb8ba>



OTalk @OTalk_
Great idea! #OTalk



RCOT Branches Manager @RCOT_Louise
Very organised!



Amanda White @ajciliaOT
@OTinretirement I'll give it a go ! #OTalk



Teresa Buchan @teresa_buchan
@GillyGorry @OTalk_ These sessions are always the best, emotional but inspiring #OTalk



OTalk @OTalk_
👍 i am so onboard with this @OT_KateT #Otalk



Kate Tudor @OT_KateT
@RCOT_Louise Organised / procrastination queen ??? #OTalk

#Hellomynameis Sarah @SLawsonOT



#OTalk



OTalk @OTalk_

@dmay_ot Haha i can recall @SLawsonOT telling me 😊 #Otalk



Dr Sally Payne @Sallydyspraxia

@dmay_ot @OTalk_ @ClareTaylorBU You definitely did keep your cool and the teacups were small... @ClareTaylorBU was one of my PhD supervisors. We are both human & enjoy a chat (over a decent cup of tea!) #OTalk

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