

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, April 9th 2019, 8:00PM – Tue, April 9th 2019, 9:15PM (Europe/London).

See #OTalk Influencers/Analytics.



OTalk @OTalk_

Welcome all to this evening #OTalk just a quick reminder of the 'house rules' <https://t.co/u8vpkq6sjW>



OTalk @OTalk_

Good evening #OTalk @Helen_OTUK on the account this evening, please remember to add the #OTalk to all your tweets so everyone catch you have to say and they get included in the transcript. Thanks <https://t.co/yoAVeFngxU>



Amie Jayne @Amie_OT

@OTalk_ @Helen_OTUK Evening #otalk :)



OTalk @OTalk_

@Amie_OT @Helen_OTUK Hello there Amie #OTalk



Naomi OT @NaomiOT24

@OTalk_ I'm looking forward to #OTalk tonight! It's interesting to know what other #OTs what like to discuss in OTalk and ideas that come up



Elizabeth @Lizzie_OT

@OTalk_ @Helen_OTUK Good evening all 🙌 #OTalk



OTalk @OTalk_

@NaomiOT24 Yes we are too... #OTalk



OTalk @OTalk_

@Lizzie_OT @Helen_OTUK Evening Lizzie #OTalk



Barbara Strevens @otbarbs

Hi #OTalk



OTalk @OTalk_

@otbarbs Hi Barbara #OTalk



Amie Jayne @Amie_OT

Me and my poorly puppy are tuning in tonight. :) #OTalk <https://t.co/9YQf2i2S1C>



Barbara Strevens @otbarbs

#otalk does anyone know of Anxiety management courses for OT's working in Palliative Care?



OTalk @OTalk_

#OTalk Shall we make a start... Q1. Have you been wanting to host a chat, but not committed to a date yet? Do you have any questions that holding you back from hosting? <https://t.co/tvIwQHh6I3>



Helen OTUK @Helen_OTUK

@Amie_OT oh dear whats up with poorly pup? #Otalk



Bill Wong, OTD, OTR/L @BillWongOT
Hey folks! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ I had hosted a few before, but not in the last 1.5 years. #otalk



Amie Jayne @Amie_OT
@OTalk_ I know previous to hosting a chat i thought i would never keep up with the conversation, i found tweetdeck helped :) #otalk



Helen OTUK @Helen_OTUK
@BillWongOT Hello Bill #OTalk



Minh Tran @otrambilings
Hi everybody! #OTalk



Helen OTUK @Helen_OTUK
Good tip #OTalk I use tweetdeck when hopping or supporting a chat.



OTalk @OTalk_
@otrambilings Hi Minh #OTalk



Elizabeth @Lizzie_OT
@OTalk_ Social media skill level could be a potential barrier? #OTalk



OTalk @OTalk_
Some chats are VERY busy, it is hard. We say don't stress about missing the odd tweet, people understand when it is a busy chat. #OTalk



Amie Jayne @Amie_OT
@otrambilings @OTalk_ It's a website you log onto via your twitter and you can follow a number of screens on one, so you can see your notif and people and #s you want to follow on one page #OTalk



Minh Tran @otrambilings
I want to host but can never commit to a date as always feel like I need to know a topic inside out before I host #OTalk



Helen OTUK @Helen_OTUK
@Lizzie_OT @OTalk_ Yes for sure, we always recommend that people attend a few chats before hosting, and we always have someone on account to support. Happy to answer questions before hand too. #OTalk



OTalk @OTalk_
@otrambilings Woudn't say you need to know it inside out, you can always detail your level of knowledge in the intro blog post, have had hos have said read this article... chapter in a book... would like to explore more. #OTalk



Amie Jayne @Amie_OT
@otrambilings I would say you don't need to know something inside out, enough to get the conversation going but I'm no expert on anything, that's part of the positives, you can learn from others :) #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @OTalk_: @otrambilings Woudn't say you need to know it inside out, you can always detail your level of knowledge in the intro blog post,



Madeline Warwick OT @MadelineWarwick
@OTalk_ #OTalk I think the timing can put some people off. I can't be the only parent that is constantly 15-30 mins behind each week becau: kids bedtime. Not suggesting to change it but it is a barrier to some who might want to host

Amie Jayne @Amie_OT



@OTalk_ I definitely didn't reply to everyone, but I did catch up with what I missed on the later transcript #OTalk



OTalk @OTalk_

Yep, totally agree. But whatever time it is will never suit everyone. But acknowledge, one of the reasons we also don't do the transcript for at hrs so peeps can add thoughts, keep the conversation going after the 'official' hour. #OTalk



OTalk @OTalk_

So with some of those comments in mind... Q2... #OTalk Would you like to co-host a chat with someone who shares a passion for a topic? m this could be just opportunity to link up, or we could could compile a list? <https://t.co/Dcc7XCGFB4>



Naomi OT @NaomiOT24

@OTalk_ I didn't realise that! That's really good for those of us who miss bits! #OTalk



Erin R @erinnnn14_OT

Hey #OTalk 🙌 it's been a while (I've been a tired OT 😴) Thinking of putting in a hosting topic soon. Moving into a post on acute MH forensic inpatient ward next week from forensic LD and looking to share best practice around independent living skills/self care



OTalk @OTalk_

@NaomiOT24 Yep, always miss bits especially in a busy chat the transcript is a great way to catch up #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @Amie_OT: @otrblings I would say you don't need to know something inside out, enough to get the conversation going but I'm no ex



Bill Wong, OTD, OTR/L @BillWongOT

RT @OTalk_: Yep, totally agree. But whatever time it is will never suit everyone. But acknowledge, one of the reasons we also don't do the...



Amie Jayne @Amie_OT

@OTalk_ I would be interested in cohosting and having someone to share the task with #OTalk



OTalk @OTalk_

@erinnnn14_OT Look forward to it.... #OTalk handy link here <https://t.co/WRHLMBUgEA>



Kate Tudor @OT_KateT

@MadelineWarwick @OTalk_ Also, being able to reliably predict when that time will be free is tricky given family dynamics #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @Amie_OT: @OTalk_ I would be interested in cohosting and having someone to share the task with #OTalk



OTalk @OTalk_

@Amie_OT We could compile a list of topics people are interesting in sharing hosting a chat on? #OTalk



Erin R @erinnnn14_OT

@BillWongOT Time for some rest Bill! Book a holiday somewhere to relax 🛌 🌈 #OTalk



tracy szekely @tracyjan2015

RT @OT_KateT: @MadelineWarwick @OTalk_ Also, being able to reliably predict when that time will be free is tricky given family dynamics



Amie Jayne @Amie_OT

@OTalk_ Yes please, anything about dogs, gardens or dementia and I'm there :) #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OT_KateT @MadelineWarwick @OTalk_ For me is time zones. I ditched the last 3-4 weeks because of it. #otalk



OTalk @OTalk_
@tracyjan2015 Welcome Tracy #OTalk



Amie Jayne @Amie_OT
@BillWongOT @OT_KateT @MadelineWarwick @OTalk_ You are the furthest away lol #otalk



Melanie Vale @Abroad_in_Wales
@OTalk_ Q2 - I think co-hosting would be much less scary for a first time host. In the future it might be something I'd consider #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@Amie_OT @OT_KateT @MadelineWarwick @OTalk_ Well- 1 pm or 11 am local time for me is no conducive for me to chat live... lol! #otalk



Kate Tudor @OT_KateT
@BillWongOT @MadelineWarwick @OTalk_ Ooh, yes. I'd love to join in #OTalk2us or the occupational science one (I can't remember the ha but I'm never awake at 2am!!! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @Abroad_in_Wales: @OTalk_ Q2 - I think co-hosting would be much less scary for a first time host. In the future it might be something I'



Erin R @erinnn14_OT
RT @OT_rach: Join in #OTalk tonight and help develop plans for future chats. 8pm uk time <https://t.co/jcL4eoYUFC>



OTalk @OTalk_
@Abroad_in_Wales I am starting a list, so if you let us know what topics you are interested in co-hosting we will publish... #OTalk



Melanie Vale @Abroad_in_Wales
@OTalk_ @Amie_OT It would be great a list to refer to. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
And now I realize I have another challenge- for the course I teach in the next term... the full time cohort meets on every other Tuesdays. 😞 #



Melanie Vale @Abroad_in_Wales
@OTalk_ I will give it some thought. Area of interest is learning disabilities #OTalk



OTalk @OTalk_
@otbarbs Suggest you attend a few chat first to get the hang of it before hosting. #OTalk



Amie Jayne @Amie_OT
@otbarbs @OTalk_ If you follow #otalk you will see comments others are saying and by using #otalk at the end of your tweet it makes them to follow



Elizabeth @Lizzie_OT
@OTalk_ @Abroad_in_Wales A list of potential topics could be helpful, and easier to then volunteer for if you have certainty that interest in th subject is there; and a possible co-host to pair up with too #OTalk



OTalk @OTalk_
@Lizzie_OT @Abroad_in_Wales That is what we thought... started the list will compile and add it to the blog... soon! #OTalk



Amie Jayne @Amie_OT
@Lizzie_OT @OTalk_ @Abroad_in_Wales I remember being worried that nobody had a shared interest in the topic I did. I think knowing the least one other person will be chatting to you with a co host may ease that fear #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @Amie_OT: @otbarbs @OTalk_ If you follow #otalk you will see comments others are saying and by using #otalk at the end of your twee



Bill Wong, OTD, OTR/L @BillWongOT

RT @Lizzie_OT: @OTalk_ @Abroad_in_Wales A list of potential topics could be helpful, and easier to then volunteer for if you have certainty



OTalk @OTalk_

@Amie_OT @Lizzie_OT @Abroad_in_Wales Haha good point! #OTalk



Elizabeth @Lizzie_OT

@otbarbs @OTalk_ This may be a useful resource: <https://t.co/1FeKRhyWqJ> #OTalk



Naomi OT @NaomiOT24

@OTalk_ @Abroad_in_Wales I'm interested in sensory integration, physical health within mental health services and reducing restrictive interventions! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@Lizzie_OT @OTalk_ @Abroad_in_Wales I like autonomy of topics to run personally. #otalk



Melanie Vale @Abroad_in_Wales

@OTalk_ A topic I'd consider co-hosting relates to experiences of having an OT work as part of the nursing shift pattern and perform "generic duties. Would be interested to discuss pros, cons and views on this as it can be a challenge! #OTalk



OTalk @OTalk_

Q3.... #OTalk Have you attended a talk or CPD session and would like to suggest we approach someone to host a chat? <https://t.co/dvcTjI9L>



Melanie Vale @Abroad_in_Wales

@NaomiOT24 @OTalk_ Oh yes - reducing restrictive interventions would definitely be something I'd be interested in #OTalk



Amie Jayne @Amie_OT

@Abroad_in_Wales @OTalk_ I would be interested in that as part of my role involves generic assessments and being involved in answering questions on a 'helpline' #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

RT @NaomiOT24: @OTalk_ @Abroad_in_Wales I'm interested in sensory integration, physical health within mental health services and red r...



Bill Wong, OTD, OTR/L @BillWongOT

RT @Abroad_in_Wales: @OTalk_ A topic I'd consider co-hosting relates to experiences of having an OT work as part of the nursing shift pat



Bill Wong, OTD, OTR/L @BillWongOT

RT @Amie_OT: @Abroad_in_Wales @OTalk_ I would be interested in that as part of my role involves generic assessments and being involv a...



OTalk @OTalk_

@Amie_OT @Abroad_in_Wales is that a collaboration already? #Otalk



Minh Tran @otramblings

Q3 yes! I'm hoping that RCOT work specialist will host a chat to talk about the OT led GP clinic project. I've already asked them but would be you could too. Would love to hear how they are getting on #OTalk



Naomi OT @NaomiOT24

@Abroad_in_Wales @OTalk_ I would be really interested in this! I used to be a care coordinator in a CMHT so I'd be keen to discuss about t shift patterns now I'm in acute services #OTalk



Amie Jayne @Amie_OT
@OTalk_ @Abroad_in_Wales I think it might be #OTalk



Melanie Vale @Abroad_in_Wales
@OTalk_ @Amie_OT Quite possibly but I'm just returning to work after a bit of time out so in a few months would be easier #OTalk



OTalk @OTalk_
@ciderwithsophie Maybe commit to a date, then you have to do it! #OTalk



Naomi OT @NaomiOT24
@OTalk_ It'll be good to revisit this after RCOT conference in June. Lots of innovative and interesting practices are shared there! #OTalk



OTalk @OTalk_
@ciderwithsophie @Amie_OT Have started it.... any you would like to add? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
@OTalk_ @ciderwithsophie For me now that won't work because my teaching schedule is making me hard to commit beyond 3-4 months at #otalk



Melanie Vale @Abroad_in_Wales
@OTalk_ Have we had other professions host to look at their perspective of working alongside OTs? #OTalk



OTalk @OTalk_
Q4.... #OTalk Have you read an article recently that would be a good starting point for a discussion? <https://t.co/oRAvXRnte1>



Amie Jayne @Amie_OT
@OTalk_ @ciderwithsophie Have we looked at the use of technology to support people to maintain independence in their own home? I've be doing a lot in this area #otalk



OTalk @OTalk_
@Abroad_in_Wales We have been part of #MDT chat in the past. #OTalk but that could be a good idea.



Naomi OT @NaomiOT24
@OTalk_ I've been thinking a lot about social media and how it benefits CPD. I wonder if anyone uses blogs to write about/share practice? I' thinking about it! #OTalk



OTalk @OTalk_
@Amie_OT @ciderwithsophie We have in the past, but always up for a review / update especially if it has been a while and in such a fast developing area as tech it can not harm! #OTalk



OTalk @OTalk_
@NaomiOT24 yes there a a good few out there.... #OTalk



Bill Wong, OTD, OTR/L @BillWongOT
RT @NaomiOT24: @OTalk_ I've been thinking a lot about social media and how it benefits CPD. I wonder if anyone uses blogs to write abou



Helen OTUK @Helen_OTUK
@ciderwithsophie @OTalk_ Good plan! #OTalk



Erin R @erinnnn14_OT
@NaomiOT24 @BillWongOT @OTalk_ I'd be interested in this. Presenting to OT colleagues about this in July #OTalk



OTalk @OTalk_

@ciderwithsophie @NaomiOT24 Always happy to update / revisit chats we have done in the past... so long as not too soon after. But I think been a while since we have had one on blogging etc.... #OTalk



Melanie Vale @Abroad_in_Wales

@NaomiOT24 @OTalk_ This interests me as it feels like there is potential to use blogs as long distance peer supervision- useful if you are in your area #OTalk



Madeline Warwick OT @MadelineWarwick

@OTalk_ #OTalk I read something yesterday about someone looking to find examples of sustainable OT projects. I thought that could be of particular interest to those working in the community or with very few resources



OTalk @OTalk_

Q5 #OTalk What about other media that may of sparked an idea? Maybe a YouTube video or a podcast? <https://t.co/l6RhC0AN7W>



Melanie Vale @Abroad_in_Wales

RT @OTalk_: Q5 #OTalk What about other media that may of sparked an idea? Maybe a YouTube video or a podcast? <https://t.co/l6RhC0AN7W>



OTalk @OTalk_

@ciderwithsophie @MDTea_podcast See you have chat topics all over! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ I used TEDx talks in the past. If somebody wants to take on the TEDx talk by @ShawnPhippsPhD from end of last month (though not released yet)... it will make an interesting discussion because I am the curator and you guys can give me feedback on how I did... lol! #ot



Bill Wong, OTD, OTR/L @BillWongOT

RT @MadelineWarwick: @OTalk_ #OTalk I read something yesterday about someone looking to find examples of sustainable OT projects. I thought...



OTalk @OTalk_

@ciderwithsophie @MDTea_podcast yes... pick one, book a date and commit! #OTalk



Kate Tudor @OT_KateT

@NaomiOT24 @OTalk_ I think there's something interesting in the different social media platforms being used in different ways and in different countries - twitter vs facebook groups vs insta vs podcasts vs ted talks - I personally use them very differently #OTalk



Helen OTUK @Helen_OTUK

@OT_KateT @NaomiOT24 @OTalk_ me too also different at different times, sometimes I have more time for reading other times I want to li other I tweet! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@ciderwithsophie @OTalk_ @ShawnPhippsPhD And this case will be instead of meet the speaker, it will be meet the curator variety. I am up positive/negative comments. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@ciderwithsophie @OTalk_ @ShawnPhippsPhD And if Shawn can contribute on that one... then you get both the speaker and curator persp which I don't think there ever is one for a TEDx on #otalk.



OTalk @OTalk_

@ciderwithsophie We have done some based on films in the past.... #OTalk



Melanie Vale @Abroad_in_Wales

@OTalk_ I feel inspired to offer to host shortly, and to think about different topics for chats #OTalk

Minh Tran @otramblings



@OT_KateT @NaomiOT24 @OTalk_ Wow! How is insta used for CPD? #OTalk



Shawn Phipps, PhD, MS, OTR/L, FAOTA @ShawnPhippsPhD

RT @BillWongOT: @OTalk_ I used TEDx talks in the past. If somebody wants to take on the TEDx talk by @ShawnPhippsPhD from end of 1 month...



Helen OTUK @Helen_OTUK

#OTalk



Amie Jayne @Amie_OT

@OTalk_ @ciderwithsophie I've been running treatment session and treating guide books and posters and using lots of different types of tec #OTalk



Kate Tudor @OT_KateT

@Helen_OTUK @NaomiOT24 @OTalk_ Yes, I like carrying around podcasts whilst doing jobs at home, but rarely have time or concentration read at the moment. Currently twittering whilst doing (a woeful) bedtime! #OTalk



OTalk @OTalk_

#OTalk for those who wish to strike while the iron is hot and all that... here is a link to the apply to host section of the blog... <https://t.co/WRHlMBCFg0>



Bill Wong, OTD, OTR/L @BillWongOT

RT @OT_KateT: @Helen_OTUK @NaomiOT24 @OTalk_ Yes, I like carrying around podcasts whilst doing jobs at home, but rarely have time concen...



Helen Brown @HelenBrown09

RT @OTalk_: #OTalk for those who wish to strike while the iron is hot and all that... here is a link to the apply to host section of the bl...



OTalk @OTalk_

Well that is the 'official' hour up already! Do keep chatting and applying to host! Also tag us if you have a topic you would like to co-host on... started a list! #OTalk thats for all your ideas we are truly a wonderful #communityofpractice



Bill Wong, OTD, OTR/L @BillWongOT

See you guys soon! #otalk



Naomi OT @NaomiOT24

@OTalk_ Thank you #OTalk & @Helen_OTUK for hosting!



OTalk @OTalk_

Thanks for a great chat folks, lots to think about I will take back to the next planning meeting. @Helen_OTUK signing off now! HAVe fun and chatting! #OTalk



Kate Tudor @OT_KateT

@otramblings @NaomiOT24 @OTalk_ I'm just getting into it, so I'm no expert yet, but there's a couple of accounts using it alongside podcas blogs to help promotion and be more interactive #OTalk



Helen OTUK @Helen_OTUK

@NaomiOT24 @OTalk_ Welcome #OTalk



Lucy Jones @lucyymeganj

@NaomiOT24 @OTalk_ This also interests me as it's the subject of my undergrad research project #OTalk

Showing 1 to 125 of 125 entries

Free Custom Analytics and Transcripts for #OTalk

100,000 Tweets

Simplur has over 100,000 #OTalk tweets going back to September 2011.

Get unrestricted access to all conversations with **Simplur Signals**.