


# #OTalk Transcript


Healthcare social media transcript of the #OTalk hashtag.

Tue, March 26th 2019, 8:00PM – Wed, March 27th 2019, 9:15PM (Europe/London).


See #OTalk Influencers/Analytics.

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**OTalk** @OTalk\_ 2

Hey Twittersphere! Its @Kirstie\_OT on the #OTalk account tonight. Were here & ready for tonights chat on the Intentional Relationship mode our host @colourful\_ot. Give us a hello if youre out there. <https://t.co/nfEVMltsRv>
- 


**Amie Jayne** @Amie\_OT 2

@OTalk\_ @Kirstie\_OT @colourful\_ot I'm out here :) #OTalk
- 


**Carolina Cordero** 🌈 @colourful\_ot 2

Hi everyone! #OTalk
- 


**OTalk** @OTalk\_ 2

@Amie\_OT @Kirstie\_OT @colourful\_ot Glad to have you back with us Amie! #OTalk
- 


**Kwaku Agyemang** @KwakuOT 2

@OTalk\_ @Kirstie\_OT @colourful\_ot Eveninggg Everyone..👋 #OTalk
- 


**OTalk** @OTalk\_ 2

Little bit of #OTalk house keeping before we start. Please remember your codes of practice & ethics apply online as they do in practice. Be respectful & kind to others & their view points. Share, reflect, chat & enjoy. <https://t.co/ceREN6nMWB>
- 


**Amie Jayne** @Amie\_OT 2

@OTalk\_ @Kirstie\_OT @colourful\_ot Glad to be back, I've set up an Alexa reminder to get me back regularly haha #OTalk
- 


**OTalk** @OTalk\_ 2

@cathymc9781 @Kirstie\_OT @colourful\_ot Hi Catherine. Yes, 8pm is our kick off time here at #Otalk
- 


**Sue Parkinson** @MOHOspark 2

@OTalk\_ @Kirstie\_OT @colourful\_ot #OTalk Joining in tonight - I'm a big fan of the Intentional Relationship Model <https://t.co/OOrjzxwDl8>
- 


**OTalk** @OTalk\_ 2

This is what we like to hear! #OTalk
- 


**OTalk** @OTalk\_ 2

@MOHOspark @Kirstie\_OT @colourful\_ot Fab to have you with us Sue #Otalk
- 

**OTalk** @OTalk\_ 2

Right, time to crack on! Over to @colourful\_ot for question 1. #OTalk <https://t.co/pzZ4zAZcA6>
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**deb\_OT** @dmay\_ot 2

Evening! #otalk
- 

**Sazzle Willow** @LadySarahW1 2

Ready for the #OTalk tonight



**Carolina Cordero** @colourful\_ot

2

Question 1! Have you come across the Intentional Relationship Model (IRM) before? If not, what is your first impression of it? #OTalk  
<https://t.co/hGQuW39ooX>



**Iris Benson MBE** @irisbenson100

2

RT @OTalk\_: Tomorrow we shall be chatting the Intentional Relationship Model with @colourful\_ot. Check out the blog and join us at 8pm ut



**Carolina Cordero** @colourful\_ot

2

(if anyone's not quite sure what the model is, there's a nice summary of it here: <https://t.co/qwWx4XNRUz>) #OTalk



**Amie Jayne** @Amie\_OT

2

@colourful\_ot Think I heard of it before at uni, but not something I've come across in practice. However, something I feel I need to learn more about #OTalk



**deb\_OT** @dmay\_ot

2

I came across it on #OTalk last year. I love it!



**OTalk** @OTalk\_

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Question one... #OTalk



**OTalk** @OTalk\_

2

RT @colourful\_ot: (if anyone's not quite sure what the model is, there's a nice summary of it here: <https://t.co/qwWx4XNRUz>) #OTalk



**OTalk** @OTalk\_

2

Dont forget to include the #OTalk hashtag in all your tweets so others can see what you have to say and engage with you. <https://t.co/jvxaBa>



**OTalk** @OTalk\_

2

Which is always a good basis for an #OTalk chat... learn something new!



**Amie Jayne** @Amie\_OT

2

@colourful\_ot I feel this is really well timed as a colleague and I were discussing our approaches and how our own personalities can affect therapeutic relationships with service users #OTalk



**Sue Parkinson** @MOHOspark

2

@colourful\_ot #OTalk Renée came to the UK with Gary just after IRM was published and it really helped me to think about what Therapeutic Self meant in an OT context <https://t.co/GPTHYjMPxS>



**Kwaku Agyemang** @KwakuOT

2

@colourful\_ot I Have Heard Of It And Done A Little Bit Of Reading About It...From Initial Thoughts, It Looks Useful. #OTalk



**Amie Jayne** @Amie\_OT

2

@OTalk\_ Being part of a very small ot team i learn so much from #otalk



**Carolina Cordero** @colourful\_ot

2

@dmay\_ot I had forgotten that it came up before! Hopefully people will have new ideas to share this time around so we won't be repeating ourselves too much 😊 #OTalk



**Sazzle Willow** @LadySarahW1

2

@dmay\_ot #OTalk I've not come across it before but it looks like a model I could definitely use in my practice. It looks like I already use it with my clients realising it.



**Dr Alison Seymour** @aliseymour64

2

#OTalk hi everyone, came across IRM at a talk by Renée Taylor. Use it in teaching here @CUHealthSci



**Amelia Handy** @AmeliaHandyOT

2

RT @LadySarahW1: @dmay\_ot #OTalk I've not come across it before but it looks like a model I could definitely use in my practice. It looks l



**Amie Jayne** @Amie\_OT

2

@MOHOspark @colourful\_ot I feel this is still very true #OTalk



**OTalk** @OTalk\_

2

RT @MOHOspark: @colourful\_ot #OTalk Renée came to the UK with Gary just after IRM was published and it really helped me to think about what...



**Amie Jayne** @Amie\_OT

2

@LadySarahW1 @dmay\_ot My thoughts exactly looking through it #OTalk



**Kwaku Agyemang** @KwakuOT

2

@colourful\_ot In My Practice, I Feel It Can Be Particularly Useful Actually. I Am In A Psychologically Informed Service And As I Am Not A Psychologist, At Times It Is Tricky To Think Of The Impact My Presence May Be Having So Actually, IRM May Be A Way For Me To Craft My Practice. #OTalk



**deb\_OT** @dmay\_ot

2

It came up as a random comment on an #OTalk on something unrelated but I remember a few of us pricked up our ears and went off to learn



**Sue Parkinson** @MOHOspark

2

@LadySarahW1 @dmay\_ot #OTalk That's the beauty of the IRM. It articulates best practice in OT - not surprising because it was based on i observations of real practice <https://t.co/uAFegJj5co>



**OTalk** @OTalk\_

2

RT @KwakuOT: @colourful\_ot In My Practice, I Feel It Can Be Particularly Useful Actually. I Am In A Psychologically Informed Service And



**Carolina Cordero** @colourful\_ot

2

Question 2! What is your own preferred therapeutic mode? (Advocating, Collaborating, Empathizing, Encouraging, Instructing, Problem-solvi #OTalk <https://t.co/5rWb1GirWU>



**OTalk** @OTalk\_

2

Love it when this happens. What you make think is something small often sparks a trail of learning you werent expecting. #OTalk



**Amie Jayne** @Amie\_OT

2

@KwakuOT @colourful\_ot I can see it being really useful in framing my practice and also acting as a bit of a reminder of boundaries etc #OT



**Carolina Cordero** @colourful\_ot

2

The Self-Assessment of Modes Questionnaire is a useful tool for figuring this out! <https://t.co/4Vj2gasHto> #OTalk



**OTalk** @OTalk\_

2

Question two... #OTalk



**Kevin Breitman** @kbreitman27

2

RT @MOHOspark: @colourful\_ot #OTalk Renée came to the UK with Gary just after IRM was published and it really helped me to think about what...



**OTalk** @OTalk\_

2


RT @LadySarahW1: @dmay\_ot #OTalk I've not come across it before but it looks like a model I could definitely use in my practice. It looks l





**deb\_OT** @dmay\_ot


2


@OTalk\_ Its one of the best things about #otalk!


 **Sue Parkinson** @MOHOspark 2  
 @KwakuOT @colourful\_ot #OTalk I think you are right. In psychology, therapeutic use of self is the therapeutic medium, but in OT the medium is occupation, and therapeutic use of self is (merely) the means by which we support people to participate in occupation <https://t.co/dYpU0NXC>


 **OTalk** @OTalk\_ 2  
 RT @MOHOspark: @KwakuOT @colourful\_ot #OTalk I think you are right. In psychology, therapeutic use of self is the therapeutic medium,


 **OTalk** @OTalk\_ 2  
 RT @colourful\_ot: The Self-Assessment of Modes Questionnaire is a useful tool for figuring this out! <https://t.co/4Vj2gasHto> #OTalk


 **OTalk** @OTalk\_ 2  
 RT @Amie\_OT: @KwakuOT @colourful\_ot I can see it being really useful in framing my practice and also acting as a bit of a reminder of bo


 **Dr Alison Seymour** @aliseymour64 2  
 I don't think we focus enough on the therapeutic use of self enough in education and practice. The model gives useful reflective exercises to consider #OTalk


 **Kate Tudor** @OT\_KateT 2  
 @colourful\_ot Ooh, interesting - my instinctive response was 'well, that depends on the context and person' But a deeper (but really quick) re definitely shows up a kind of preference hierarchy. Now I'm intrigued what the questionnaire would highlight... #OTalk


 **OTalk** @OTalk\_ 2  
 @colourful\_ot Liking the Hats! Reminds me of De Bonos thinking hats. #OTalk


 **OTalk** @OTalk\_ 2  
 RT @OT\_KateT: @colourful\_ot Ooh, interesting - my instinctive response was 'well, that depends on the context and person' But a deeper (l

 **Emma Bell (Mckee)** @EmmaMckee\_ 2  
 @OTalk\_ Encouraging and empathising came way out on top for me when I completed the assessment. Good to actually have something to formalise it! #OTalk


 **Amie Jayne** @Amie\_OT 2  
 @OTalk\_ I think it varies depending on what I am doing. If I am speaking on behalf of a service user I will advocate, if they are talking about personal experiences I will empathise, during my groups I tend to encourage others to engage #OTalk

 **deb\_OT** @dmay\_ot 2  
 I'm only half-way through the quiz but I'm a problem solver. I try to temper it in practice to get more of a balance. The model has helped me focus on the other aspects more. #otalk

 **Cindy OT** @SigningOTQueen 2  
 I don't think I can pick one. It depends on the person and situation: I advocate for the patient when I'm working with caregivers and staff, I engage and empathize with patient if they're having a difficult time, I instruct and problem solve with the patient present. #OTalk

 **Sue Mesa** @sue\_mesa 2  
 @MOHOspark @KwakuOT @colourful\_ot Hi all - I'm lurking whilst doing other work online but would totally agree with you @MOHOspark #

 **OTalk** @OTalk\_ 2  
 As OTs we wear many hats! #OTalk

 **Amie Jayne** @Amie\_OT 2  
 @aliseymour64 I agree, I recall it being mentioned but don't feel like I know enough about it #OTalk

**Sue Parkinson** @MOHOspark 2



@colourful\_ot #OTalk I'm big on encouragement 😊 Being aware of all 6 modes helps me to make more conscious (intentional) use of them. think of having 6 modes APIECE to remember them all. <https://t.co/l6x10r7Lyi>



**Amie Jayne** @Amie\_OT 2  
@SigningOTQueen Completely agree with you! #OTalk



**Sue Mesa** @sue\_mesa 2  
@MOHOSpark @KwakuOT @colourful\_ot Ooh and in answer to the first question - I had never heard of this but looks interesting and would read more! #OTalk



**OTalk** @OTalk\_ 2  
Half way through tonights chat now. Great to see some new faces joining us as well tonight. #OTalk <https://t.co/mxZx4xAPj6>



**Sazzle Willow** @LadySarahW1 2  
@colourful\_ot #OTalk that's a tough one. I tend to use all but adapt them to the service user I am working with as the individual will respond differently. I work in mental health both community & inpatient. If I had to choose then perhaps Empathising due to my own mental health exp



**Kwaku Agyemang** @KwakuOT 2  
@colourful\_ot Having Gone Through (Very Quickly...Only A Few Questions) This, I'm Coming Out As Problem-Solving. I Can See Why This Happened Though. I Think It Is The Required Mode When Working With My Client Group...One Of The Main Aims Is To Get Them To Menta Formulate #OTalk



**Cindy OT** @SigningOTQueen 2  
@OTalk\_ Oh good lord, I definitely have to review the frames of reference. Well that's why I'm on here tonight... to learn. 😊 #OTalk



**OTalk** @OTalk\_ 2  
Great tip from @MOHOSpark! #OTalk



**Sam Solomon** @samdav7 2  
RT @MOHOSpark: @colourful\_ot #OTalk I'm big on encouragement 😊 Being aware of all 6 modes helps me to make more conscious (inter use...



**OTalk** @OTalk\_ 2  
RT @sue\_mesa: @MOHOSpark @KwakuOT @colourful\_ot Ooh and in answer to the first question - I had never heard of this but looks inter a...



**Carolina Cordero** 🌈 @colourful\_ot 2  
Question 3! Do you feel that the IRM accurately describes therapeutic use of self in OT? #OTalk <https://t.co/rvNbRgFibt>



**OTalk** @OTalk\_ 2  
#OTalk



**OTalk** @OTalk\_ 2  
#OTalk



**Amie Jayne** @Amie\_OT 2  
@colourful\_ot From what I've seen it does but I'll have to look at it more in-depth #OTalk



**Carolina Cordero** 🌈 @colourful\_ot 2  
In other words, do you think there's anything missing from the model, or any way that it doesn't line up with what you see/do in practice? #OT



**Student Platform OT** @SPOTEurope 2  
RT @OTalk\_: Hey Twittersphere! Its @Kirstie\_OT on the #OTalk account tonight. Were here & ready for tonights chat on the Intentional Rela



**Student Platform OT @SPOTEurope** 2  
RT @colourful\_ot: Question 1! Have you come across the Intentional Relationship Model (IRM) before? If not, what is your first impression o



**Kwaku Agyemang @KwakuOT** 2  
@aliseymour64 @MOHOspark @OTalk\_ @colourful\_ot Yes Could Be. #OTalk



**Student Platform OT @SPOTEurope** 2  
RT @OTalk\_: Love it when this happens. What you make think is something small often sparks a trail of learning you werent expecting. #OT:



**Sazzle Willow @LadySarahW1** 2  
@colourful\_ot #OTalk I would say it does.



**OTalk @OTalk\_** 2  
@aliseymour64 @MOHOspark @KwakuOT @colourful\_ot Dont forget to include the #OTalk hashtag in all your tweets, otherwise they wont l  
added the the chat transcript 🍷



**Student Platform OT @SPOTEurope** 2  
RT @OTalk\_: #OTalk <https://t.co/XgmIF6gxO3>



**OTalk @OTalk\_** 2  
Question three... #OTalk



**OTalk @OTalk\_** 2  
RT @colourful\_ot: In other words, do you think there's anything missing from the model, or any way that it doesn't line up with what you se...



**Sue Parkinson @MOHOspark** 2  
@OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we all do this, but it's in  
to recognise our unconscious preferences - especially when our relationships are stressed <https://t.co/mCGkQfT9uH>



**Cindy OT @SigningOTQueen** 2  
@colourful\_ot I'd say yes, unless I'm missing something. I can't think of anything else right now, but I'll let you know if I do. #OTalk



**Dr Alison Seymour @aliseymour64** 2  
@OTalk\_ @MOHOspark @KwakuOT @colourful\_ot Oops #OTalk



**OTalk @OTalk\_** 2  
#OTalk



**OTalk @OTalk\_** 2  
RT @MOHOspark: @OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we



**Amie Jayne @Amie\_OT** 2  
@MOHOspark @OTalk\_ I feel like I need to print this out as a visual reminder for the ot office, think it will help frame therapy interventions #



**OTalk @OTalk\_** 2  
@aliseymour64 @MOHOspark @KwakuOT @colourful\_ot Not to worry Alison, happens to us all #OTalk



**Carolina Cordero @colourful\_ot** 2  
And lastly, Question 4! Do you think the IRM could be a good tool for teaching interpersonal skills to OT students? #OTalk <https://t.co/JEZkAl>

**Sue Parkinson @MOHOspark** 2  
@colourful\_ot #OTalk All models are imperfect representations of reality, but help us to manage complex situations. I think the IRM is pretty



comprehensive - certainly better than just saying that OTs employ Therapeutic Use of Self <https://t.co/qJoYhA51xS>



**Kwaku Agyemang** @KwakuOT 2  
@colourful\_ot Yes From 1st Impressions I Think It Does. #OTalk



**OTalk** @OTalk\_ 2  
Final question of the evening. Question four... #OTalk



**Amie Jayne** @Amie\_OT 2  
@colourful\_ot Yes, I think it could be very useful #OTalk



**Carolina Cordero** @colourful\_ot 2  
RT @MOHOspark: @colourful\_ot #OTalk All models are imperfect representations of reality, but help us to manage complex situations. I thir



**deb\_OT** @dmay\_ot 2  
I've used it as a tool for reflection for a complicated case on placement where our roles changed (I went from student-observer to leading ses which changed the dynamic. Model fab for reflection on change and progress. #otalk



**Cindy OT** @SigningOTQueen 2  
Good to know! Glad I was able to participate in today's discussion. Thanks #OTalk



**Sue Parkinson** @MOHOspark 2  
@colourful\_ot #OTalk More than that - I think that registered OTs and non-registered OT staff benefit from learning about IRM. (Can you tell I teach it!) We all need to reflect on our practice and be careful not just to pay lip service to the idea of Therapeutic Use of Self <https://t.co/Wwadf9QfSI>



**Kwaku Agyemang** @KwakuOT 2  
@colourful\_ot Initially I Would Say Yes...But Awareness Has To Be Made Of Need To Be Flexible And Spontaneous In Practice Too Because Just Imagine Some People Using It Too Rigidly. #OTalk



**OTalk** @OTalk\_ 2  
Another great example #Otalk



**Laura Student OT** @LAURA59455619 2  
@colourful\_ot I think so 😊 as a student, I think it's important we strive to be self-aware in practice & learn how best to interact with service u #OTalk @OTalk\_ @YSJOT



**deb\_OT** @dmay\_ot 2  
It wasn't covered on our course - although there was a lecture on therapeutic use of self. I think it would be useful for students - it provides a framework when you're trying to figure out what kind of OT you are/will be and where you want to go! #otalk



**OTalk** @OTalk\_ 2  
Heading into the last 10 minutes of tonights #OTalk chat... <https://t.co/bADUAtpR7J>



**OTalk** @OTalk\_ 2  
RT @MOHOspark: @colourful\_ot #OTalk All models are imperfect representations of reality, but help us to manage complex situations. I thir



**Phoebe Hayes OT** @phayes\_ot 2  
RT @MOHOspark: @colourful\_ot #OTalk All models are imperfect representations of reality, but help us to manage complex situations. I thir



**OTalk** @OTalk\_ 2  
Thank you for sharing some of your slides Sue. They nicely sum up some of the key themes of the model & tonights chat #OTalk





**Phoebe Hayes OT** @phayes\_ot

2

RT @aliseymour64: I don't think we focus enough on the therapeutic use of self enough in education and practice. The model gives useful re



**Kate Tudor** @OT\_KateT

2

@colourful\_ot Absolutely, yes. This is an area that can be really hard to articulate what's going on in a session so having some structure to h understanding is great. #OTalk



**Dr Alison Seymour** @aliseymour64

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It's a good starting point for students and practitioners reflecting on interactions and working with clients. All adds to reflection. #OTalk



**OTalk** @OTalk\_

2

@cathymc9781 @otalk Thanks for joining is Catherine. Hopefully tweet with you again soon #OTalk



**Emma Bell (Mckee)** @EmmaMckee\_

2

@OTalk\_ Yes I do think it would be useful for reflection but I also think it's good for everyone to find their own style and not become restricted beauty of OT is that we get to be real with our clients! #OTalk



**OTalk** @OTalk\_

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RT @EmmaMckee\_: @OTalk\_ Yes I do think it would be useful for reflection but I also think it's good for everyone to find their own style an..



**Sue Parkinson** @MOHOspark

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@KwakuOT @colourful\_ot #OTalk Sure - I think we need to be flexible. For me, the modes represent points on a continuum in terms of how we intervene. From Empathy, to Encouragement, to Problem-Solving, to Advocacy (advice), to Instruction, to full-on Collaboration <https://t.co/quBteVP1y9>



**Kwaku Agyemang** @KwakuOT

2

RT @MOHOspark: @KwakuOT @colourful\_ot #OTalk Sure - I think we need to be flexible. For me, the modes represent points on a continu te...



**OTalk** @OTalk\_

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Well thats our official hour up for tonights #OTalk. Feel free to keep chatting as we dont collect the transcript for 48hours. Big thanks to all ou tweeters & to @colourful\_ot for a fab topic! <https://t.co/0XFbv8E2Xe>



**Dr Alison Seymour** @aliseymour64

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@EmmaMckee\_ @OTalk\_ #OTalk agree, it's not all about operationalisation of modes but also we talk about therapeutic relationships and interactions in supervision. That's where most of my learning happened.



**OTalk** @OTalk\_

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Dont forget participating in an #OTalk chat can contribute towards your #CPD be sure to complete a learning log of your participation & refle what you have learnt this evening. (But maybe with a smile, unlike this doggo 🐶) <https://t.co/aOtPSJJrgg>



**Carolina Cordero** @colourful\_ot

2

Thanks everyone for taking part in tonight's chat, I've loved having the chance to host! Thank you to @MOHOspark particularly for sharing s useful knowledge on the model - always good to have an expert on board 😊 #OTalk



**Dr Alison Seymour** @aliseymour64

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Great to have the chance to join in #OTalk usually at choir practice on a Tuesday. Thanks everyone



**OTalk** @OTalk\_

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Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that you think might worth sharing with others? Why not apply to host an #OTalk? More info via the link <https://t.co/Kf8nFtq4Zi>





**OTalk** @OTalk\_

2


Thanks again folks. This is @Kirstie\_OT signing off. #OTalk <https://t.co/gblBLTLGhY>





 **Carolina Cordero** @colourful\_ot 2  
 @OTalk\_ You too @Kirstie\_OT! #OTalk <https://t.co/kjM6QxtGK1>


 **Sue Parkinson** @MOHOspark 2  
 @colourful\_ot #OTalk I'm no expert - just practising like everyone else 😊 Thanks for organising the chat.


 **LecturerMish** @LecturerMish 2  
 RT @KwakuOT: @colourful\_ot In My Practice, I Feel It Can Be Particularly Useful Actually. I Am In A Psychologically Informed Service And /


 **Laura Student OT** @LAURA59455619 2  
 RT @MOHOspark: @colourful\_ot #OTalk All models are imperfect representations of reality, but help us to manage complex situations. I thir


 **Amy Doyle** @amydoyleOT 2  
 RT @MOHOspark: @KwakuOT @colourful\_ot #OTalk I think you are right. In psychology, therapeutic use of self is the therapeutic medium,


 **Suzanne Rastrick** @SuzanneRastrick 2  
 RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that yc

 **Lucy gordon** @Lucygordon83 2  
 Sorry I missed #OTalk tonight but it clashed with my #bodyattack class 😞 I look forward to reading the transcript 📄 <https://t.co/LmubAs5FP4>


 **Rachel Booth** @OT\_rach 2  
 @OTalk\_ @Kirstie\_OT @colourful\_ot Been out for a #otCurrynight with @MaryBoothOT @jcreektv and others tonight, but will catch up on th later. #otalk


 **Ruth Hawley** @Ruth\_Hawley 2  
 Late reply and not a module I teach on, but I know IRM is taught on @DerbyOT pre-reg MSc module on therapeutic and intentional use of self there any @DerbyOT MSc students able to offer an opinion re their experiences of this? If so, please include #OTalk in your reply


 **Dr Jenny Preston MBE** @preston\_jenny 2  
 RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that yc


 **Clarissa** @GeekyOT 2  
 @colourful\_ot Not sure if she joined the chat, but this was @HazelClerkin's dissertation! #otalk

 **Joyce Latimer** @JoyceInYork 2  
 RT @MOHOspark: @colourful\_ot #OTalk Renée came to the UK with Gary just after IRM was published and it really helped me to think about what...

 **RCOT West Midlands** @RCOTWestMids 2  
 RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that yc

 **sharon crabtree** @sharoncrabtree4 2  
 RT @MOHOspark: @OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we

 **Michelle** @Symbolic\_Life 2  
 @colourful\_ot Yes I use it. It is also taught in a therapeutic communications class which I assisted during the fall semester 🙌 #otalk

 **Michelle** @Symbolic\_Life 2  
 RT @aliseymour64: @EmmaMckee\_ @OTalk\_ #OTalk agree, it's not all about operationalisation of modes but also we talk about therapeutic

**cahpr east anglia** @CAHPRangliaeast 2  
 RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that yc



**ESNEFT Post-registration Education Team @ESNEFTPostRegEd**

RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that y



**Dr Jain Holmes @iFRESHPhD**

RT @MOHospark: @OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we



**OTEmmaS @emmaspellmanOT**

RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that y



**Lauren @OTLaurenC**

RT @colourful\_ot: Question 1! Have you come across the Intentional Relationship Model (IRM) before? If not, what is your first impression o



**Julian Dingle @DingleJulian**

RT @OTalk\_: #OTalk – 26th March 2019 The Intentional Relationship Model. <https://t.co/ekK0ZAsBDO> <https://t.co/oxN6cGk2Ev>



**OT Huddersfield Uni @Hudds\_Uni\_OT**

RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that y



**Mary Booth @MaryBoothOT**

RT @OTalk\_: Looking for a unique #CPD opportunity? Is there a topic you would like to discuss with other OTs? Read some research that y



**Rachel Booth @OT\_rach**

Alexia is great it's she, I have reminders set on Monday night to put the bins out, very night to take my medication, and on a Sunday morning remember this if your time for occupational balance, rest a bit. #OTalk



**SueOT@T2O @therapy2optimum**

RT @colourful\_ot: (if anyone's not quite sure what the model is, there's a nice summary of it here: <https://t.co/qwWx4XNRUz>) #OTalk



**Camille ♡ @I\_am\_an\_OT**

RT @MOHospark: @KwakuOT @colourful\_ot #OTalk I think you are right. In psychology, therapeutic use of self is the therapeutic medium,



**OTalk @OTalk\_**

Next week is a new month already! So that means it's a research #OTalk this Tuesday. Our host will be @dr\_robbrooks discussing pre-registr education and research. Blog to follow. Pop it in your diary!



**Nikki Daniels @NikkiDanielsOT**

Looking forward to being on the #OTalk account next week with @dr\_robbrooks to discuss one of the favourite areas of my practice, pre-reg education and research methods!



**Rebecca Cusworth @RebeccaCus**

@colourful\_ot Late to the party but yes! We learnt this last semester at @CovUniOT and I have seen where it would be good to be used in r current placement. I actually had identified this as an area to revise to enhance my practice skills #OTalk #PlacementDiaries



**Lelanie @LelanieBrewer**

This looks great. You might find it interesting @OTNorthumbria @PSSresearcher @whitehead\_pj @HelenAtkin2 #OTalk #Researchmethods



**Holli Singer @hiphophol**

RT @OTalk\_: Question two... #OTalk <https://t.co/v0CYDYwhy>



**Tary Thewlis @SLThewlis**



RT @OTalk\_: #OTalk – 26th March 2019 The Intentional Relationship Model. <https://t.co/ekK0ZAsBD0> <https://t.co/oxN6cGk2Ev>



**Holli Singer** @hiphophol

RT @OTalk\_: Next week is a new month already! So that means it's a research #Otalk this Tuesday. Our host will be @dr\_robbrooks discuss



**Eleanor Cecil** @El\_Cecil\_

RT @MOHospark: @KwakuOT @colourful\_ot #OTalk I think you are right. In psychology, therapeutic use of self is the therapeutic medium,



**Sam Solomon** @samdav7

MOHO at its scintillating best! @MOHospark #OTalk

**Helen Atkin** @HelenAtkin2

RT @LelanieBrewer: This looks great. You might find it interesting @OTNorthumbria @PSSresearcher @whitehead\_pj @HelenAtkin2 #OTa #Researc...



**WendyFerguson\_OT** @WendyfergusonOT

RT @MOHospark: @OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we



**Louise McMann** @louise\_mcmann

@colourful\_ot Sorry I missed this last night, looks like a very interesting #Otalk I think we would all like to say that we use them all equally depending on the context but I'm sure we all have preferences that we fall back on



**Bournemouth Uni OT** @Bournemouth\_OT

RT @OTalk\_: Next week is a new month already! So that means it's a research #Otalk this Tuesday. Our host will be @dr\_robbrooks discuss



**Graham Walker** @OT\_Graham

RT @MOHospark: @OTalk\_ #OTalk The best OTs use all 6 modes AND use the right mode at the right time. Most of us like to think that we



**Madeline Warwick OT** @MadelineWarwick

@colourful\_ot #OTalk I've never seen nor heard of this before. Working in community MH I think it could be really useful for me to look into ir detail



**Madeline Warwick OT** @MadelineWarwick

@colourful\_ot #OTalk I would say off the top of my head collaborating and or empathising but I will absolutely use the tool to see what that sl up, I could have myself all wrong



**Madeline Warwick OT** @MadelineWarwick

@colourful\_ot #OTalk, from first glance within the context of my work I'd say it does



**Graham Walker** @OT\_Graham

RT @carolfish32: #OTalk we need to find creative ways of using a persons narrative to influence commissioners - people's story's are so pov



**Madeline Warwick OT** @MadelineWarwick

@colourful\_ot #OTalk I think it would be ever so useful. Lots of my work is with people diagnosed with EUPD and boundaries and interperso are so crucial with this client group so the more equipped a student could be the better in my opinion.

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 #OTalk content fr

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